

Swimming Quick Facts

Truman State University

Location: Kirksville, Mo.
Founded: 1867
Enrollment: 6,000
Nickname: Bulldogs
Colors: Purple & White
Pool: Pershing Natatorium
Conference: New South Intercollegiate Swim Conference
President: Dr. Barbara Dixon
Director of Athletics: Jerry Wollmering
Athletics Phone: (660) 785-4235

Coaching Staff

Head Coach: Colleen Murphy
Alma Mater (Yr.): Oakland (Mich.) (1997) Kentucky (1999)
Office Phone: (660) 785-7219
Best Time To Call: Mornings
Assistant Coach: Joe Fanthorp
Office Phone: (660) 785-6040
Alma Mater (Yr.): Kentucky (1999)

2004-05 Team Information

Women's swimming
 2004 National Finish- 1st/29
 2004 Conference Finish- 1st/8*
 All-Americans Returning/Lost- 15/3
 Letterwinners Returning/Lost- 17/7
Men's swimming
 2004 National Finish- 16th/26
 2004 Conference Finish- 3rd/6*
 All-Americans Returning/Lost- 3/2
 Letterwinners Returning/Lost- 13/11

* Central States Championship

Team History

First Year of Swimming: 1977
No. Trips to NCAA Championships:
 Women- 18
 Men- 14

Athletics Media Relations

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National Championships

Women's Swimming
 2001, 2002, 2003, 2004

2004-05 Bulldog Swimming

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<u>Date</u>	<u>Opponent</u>	<u>Location</u>	<u>Time</u>
Friday	October 22	Intrasquad Meet	
Saturday	October 23	Alumni Meet	
Friday	October 29	@Washington (St. Louis, Mo.)	6 p.m.
Fri.-Sat.	November 5-6	Bulldog Invitational	5 p.m./9 a.m./3 p.m.
Friday	November 12	@ Iowa	5 p.m.
Saturday	November 13	@ Nebraska (women)	1 p.m.
Saturday	November 13	@ Missouri-Rolla (men)	1 p.m.
Thurs.-Sat.	December 2-4	@ Notre Dame Invitational (Ind.)	Prelim/Final
Thursday	January 6	@ Tampa Relays (Fla.)	1 p.m.
Friday	January 14	Missouri/South Dakota	5 p.m.
Saturday	January 15	South Dakota/Northern Iowa	2 p.m.
Friday	January 21	@ Kansas (select women)	6 p.m.
Saturday	January 22	@ Western Illinois (men, select women)	2 p.m.
Saturday	January 29	Drury (Mo.)	1 p.m.
Thurs.-Sat.	February 17-19	NSISC Conference Championships (Cleveland, Miss.)	
Wed.-Sat.	March 9-12	NCAA Championships (Orlando, Fla.)	

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2004-05 Schedule



The tunnel of champions is formed across the bulk-head in Buffalo, NY. Truman defeated second place Drury University, 641-561.



Women Claim Fourth Consecutive NCAA Title; Men Finish 16th

The Bulldog women's swimming team was not able to run away with the NCAA title in 2004, but after four days of events, Truman was able to win its fourth straight national championship thanks to having the deepest, all-around team in the field.

The 2004 NCAA Championships was held in Buffalo, N.Y. on March 10-13. Truman had fierce competition early, as the team trailed by five points after day two of the event and, heading into the final day of competition, had just a six-point lead over Drury, a team that had beaten the Bulldogs in a dual during the season.

Truman, however, had an impressive final day of the meet and pulled away from the competition, eventually winning the national crown by 80 points over Drury, the NCAA runner-up.

The Bulldogs' depth ended up being the difference in the 2004 national championship. Drury won five individual national titles, compared to just one by Truman, but all 18 Bulldog swimmers at the meet scored points and earned all-American honors.

The Bulldogs' depth also helped the team dominate the relay events. Truman won three of the five relays, finished sec-



The women's team celebrates its fourth consecutive NCAA Division II title in Buffalo, N.Y. For the second straight year, all 18 members of the national team earned all-American honors by placing among the top 16 in at least one event.

ond in another and fourth in the final one.

Krista Pray, junior Michaela Osborn, junior Christina Blose and sophomore Whitney Jensen won the 200-yard medley relay event in a time of 1:43.81.

Pray and Osborn also captured the 400-yard medley relay along with junior Diana Betsworth and sophomore Meredith Rocha. That group broke Truman's previ-

ous NCAA record with a time of 3:47.50.

The third National Championship relay team was the 800-yard freestyle team. That relay team consisted of Betsworth, Rocha, junior Sarah Dance and Krista May and they won the race with a time of 7:32.01.

The lone individual national title won by Truman in 2004 came from freshman Lija Kaleps-Clark who won the 200-yard

Truman State University Swimming - A Winning Tradition

When Colleen Murphy was named head coach of the Truman Swimming program in 2002, she was taking over one of the top programs in NCAA Division II.

Since that time, the two Bulldog swimming teams have gotten even stronger with the women's team becoming the dominant team in NCAA Division II and the men's team consistently being a top 15 team in the country.

Former head coach Seth Huston built the women's team into a

national power in the late 1990s. His squad finished fourth in the nation in 1998, third in 1999 and was the NCAA runner-up in 2000.

The Bulldogs finally broke through in 2001 and won the national championship with a 46.5 point edge over second-place Drury. The title was the first-ever team national championship for any sports team at Truman.

Huston led the team to back-to-back titles in his final season as Bulldog coach in 2002, this time Truman winning in convincing fashion over the rest of the field.

Murphy took over the coaching reins in 2002-03 and kept the program on the championship track. That season, the Bulldogs won the national title by 272 points, the largest margin of victory in NCAA Division II swimming history.

Murphy then won her second national title in two years when Truman won the 2004 banner. In both 2003 and 2004, all 18 Bulldog women at nationals earned all-American honors.

In Truman's four NCAA championships, the women have won 16 individual titles and 13 relay crowns. They currently hold four out of the five national records in relay events.

Over the last six years, the Truman women's head coach was named the national coach of the year from the CSCAA, with Huston winning the award from 1999-2002 and Murphy winning it in 2003-04.

The men's team also has had plenty of success over the years. The Bulldogs have advanced athletes to the national meet in nine straight seasons. Four of those years, Truman had top-10 finishes at nationals and the Bulldogs have never finished lower than 16th in the nation.



Seniors Katie May, Krista Pray, and Alison Blyth pose with their fourth team trophy in 2004. The trio became the first Truman athletes to be part of four national championship teams from 2001-2004.

backstroke with a mark of 2:02.40. Kaleps-Clark was the most impressive rookie on the Bulldogs' national squad which included six freshmen. She won four all-American awards as she also finished third in the 400-yard IM, fourth in the 200-yard IM and fifth in the 100-yard backstroke.

Other top performances from those returning included those turned in by the top of this year's senior class, Betsworth, Dance and Osborn.

Betsworth won three individual all-American awards, including runner-up finishes in the 200-yard freestyle and 500-yard freestyle. She was also on four relay teams, including two of the national championship squads.

Dance earned four individual and three relay all-American honors. Among her individual titles were three third-place finishes and a second-place showing in the 400-yard IM.

Osborn played a key role in both of the national championship relays she swam in and also had three top-10 individual finishes, include third in the 200-yard breaststroke and 100-yard breaststroke.

While the success of the underclassmen played a big role in Truman's title, the top headline of the 2004 championship was three Bulldog seniors putting the finishing touches on amazing careers.

Alison Blyth, one of Truman's 2004 captains, earned all-American honors with a seventh-place finish in the 200 butterfly, giving Truman some key points on the third day of action.

May was a member of three relay teams, including the champion 800-yard



University President Barbara Dixon joins the team in a victory swim following the team's 2004 National Championship.

2004 Final Team Scores

Women (Top 20)

1. Truman	641.0
2. Drury	561.0
3. UC-San Diego	478.0
4. Cal State-Bakersfield	332.0
5. Clarion	313.5
6. West Chester	235.0
7. North Dakota	228.0
8. Tampa	202.0
9. Indianapolis	179.5
10. Nebraska-Omaha	167.0
11. St. Cloud State	98.0
12. Shippensburg	76.5
13. Seattle	69.0
14. Grand Valley State	61.0
15. South Dakota	55.0
16. Southern Connecticut	46.0
17. Indiana (Pa.)	43.0
18. West Virginia Wesleyan	34.0
19. Northern Michigan	33.0
20. Minnesota State-Mankato	16.0

Men (Top 20)

1. Cal State Bakersfield	718.5
2. Drury	586.0
3. North Dakota	531.0
4. West Chester	322.0
5. UC-San Diego	280.0
6. South Dakota	193.0
Delta State	193.0
8. Indianapolis	175.0
9. Missouri-Rolla	165.5
10. Southern Connecticut	153.0
11. Henderson State	110.0
12. Wayne State	108.0
Tampa	108.0
14. Clarion	81.0
15. Ouachita Baptist	75.0
16. Truman	68.0
17. Seattle	47.0
18. Le Moyne	23.0
19. Colorado Mines	22.0
20. Fairmont State	20.0

freestyle team, and won four individual all-American awards. She finished third in the 100-yard backstroke, fourth in the 1,650-yard freestyle and 1,000-yard freestyle and sixth in the 200-yard backstroke.

Pray, who won two national titles in the relays, also earned all-American honors with a seventh-place finish in the 100-yard backstroke. She also scored points and earned honorable mention all-American in the 200-yard backstroke with a 13th-place showing.

Other members of the 2004 national championship squad were junior Sara Wells, sophomores Katie Funk, Aimee Gregor and freshmen Brittany Anderson, Emily Chadwick, Lindsay McReynolds, Kathleen Moyer and Lindsay Vaughan.

Head coach Colleen Murphy earned NCAA Division II Coach of the Year honors after the Bulldogs' victory at the national meet.

The men's team sent five individuals to the NCAA Championship. That group scored 68 points at the meet to finish in 16th-place nationally.

All five athletes earned all-American honors and the combination of two seniors, two sophomores and one

freshman earned a total of 17 all-American honors at nationals.

Senior Andy Harken claimed the highest place finish of the five men at nationals with a time of 57.43 in the 100 breaststroke earning 6th place.

Brian Teson was the next highest individual place winner claiming 14th in the 100 fly with a time of 50.73.

Sophomore Josh Otis placed 17th in the 200 IM and 28th in the 200 freestyle. Team mate Chris Brammer claimed 26th in the 100 butterfly.

Freshman Robert Fletcher recorded a time of 52.25 in the 100 backstroke to claim 23rd. In the 200 he took 22nd, just ahead of team mate Brian Teson who placed 23rd.

The 'dogs were able to put together five successful relays with their five member squad.

The 200 medley relay team of Fletcher, Harken, Teson, and Otis finished 9th recording a time of 1:33.26.

Teson, Harken, Brammer, and Otis combined to finish 9th in the 400 medley relay with a time of 3:25.69.

The 800 freestyle relay team of Fletcher, Otis, Teson, and Brammer finished 11th recording a time of 6:57.24.

Three individual school records fell in 2004, two of which were broken at the national meet. Otis claimed the 200 IM record with a time of 1:53.59. Harken's 100 breast time of 57.43 claimed the school record in that event.

Fletcher claimed the 200 back record qualifying for nationals at the Central States Championships meet in a time of 1:52.53.



Head Coach Colleen Murphy



Head Coach Colleen Murphy

3rd Year at Truman

Colleen Murphy, a native of Grand Blanc, Mich., starts her third season as head swimming coach at Truman State University in 2004-05.

Murphy's head coaching career has gotten off to a great start as she has led the Bulldog women to two national championships in two years.

During her first year as head coach of the Bulldogs, she guided the women's team to its third-straight first-place finish at the NCAA Division II championships, as the team claimed five individual NCAA titles and four relay crowns. The team won the meet by 272 points, the largest margin of victory in NCAA Division II history. That season was the first year that the maximum number of 18 members of the team qualified for the national team and all earned all-American honors.

The team set four NCAA records that year, with Kelli Dudley setting a new standard in the 400 IM and the team setting relay records in the 400 free, 400 medley and 200 medley.

Murphy's second season proved to be as successful as the first when the women's swim team claimed their fourth straight NCAA national championship title. On their way to the national title all 18 members of the squad gained all-American honors for the second straight year.

The Truman women claimed three relay titles and one individual title, producing nine national champions. The 400 medley relay also claimed the national record for the third-straight year.

In two seasons, she has guided the women to four national records and 11 school records and the team has produced nine national champions. Murphy was named the NCAA Division II Women's Coach of the Year in both 2003 and 2004.

The Bulldog men have also had success under Murphy. In 2003, the men finished 12th in the nation with six swimmers becoming all-Americans. The next season, Truman produced five all-Americans on the way to finishing 16th at the national meet.

Truman's success under Murphy extends beyond the pool as numerous Bulldogs have earned academic honors over the last two years.

In 2003, three women swimmers earned CoSIDA academic all-American honors and one male swimmer was named CoSIDA academic all-district. Five members of the men's team earned CSCAA academic all-American honors and the team placed second in NCAA Division II with a 3.24 GPA. Sixteen women earned CSCAA academic all-American honors and the team placed third in the nation with a 3.56 GPA. Thirty members of the two teams were named to the MIAA commissioner's academic honor roll, 12 were academic All-MIAA and two were MIAA presidential scholars. Following that year, Liz Hug was named a finalist for the Ken B. Jones award, given to the top female athlete among MIAA schools.

Last season, two women swimmers earned academic all-American honors as given out by CoSIDA and 17 women earned academic honors by the CSCAA. The women finished second nationally with a GPA of 3.52. The men's team had three CSCAA academic all-Americans and the team earned all-American status with a 3.11 GPA. Again, 30 members of the two teams were named to the MIAA commissioner's academic honor roll and 11 were academic All-MIAA.

Before becoming the head coach in 2002, Murphy served as an assistant to former head coach Seth Huston for two years and helped guide the women's team to the school's first ever national team title in 2001 and a runner-up finish in 2000. The men's squad placed 16th at the national meet in 2001 and had its second-best finish of ninth in 2000.

During Murphy's tenure as assistant coach at Truman, the Bulldog swimmers won six individual NCAA titles and four relay national championships. The swimmers produced 22 all-Americans those two years.

In 2001, senior Jess Martin was named the NCAA Division II swimmer of the year by the National Swimming Coaches Association, and went on to win the Honda NCAA Division II Woman of the Year award

as well. In all, the Bulldog women broke 17 of 19 school records and the men set 10 school standards while Murphy was an assistant coach.

In September of 2001, Murphy took the position of assistant coach for the Iowa women's swimming team, and then served a brief stint as an assistant at Penn State for the men's and women's swimming teams.

While at Iowa, the women's swimming team improved to seventh in the Big 10 Conference and qualified two women automatically and three women provisionally for the NCAA Division I swimming championships. In addition, Murphy coached a swimmer to a ninth-place finish and honorable mention all-American status in the 200 breaststroke at the D-I championships. The Hawkeye women broke 10 school records during Murphy's year at Iowa, where she was in charge of the sprint and breast-stroke training groups.

In the summer of 2001, Murphy served as the head counselor for the Longhorn Swim Camp at the University of Texas at Austin. She directed a group of 12 counselors and assisted the Texas coaching staff in running workouts, stroke technique and dryland training for a camp of 150 swimmers each week.

Prior to coming to Truman, she served as the head age group coach at Wildcat Aquatics in Lexington, Ky., while completing her master's degree in history at the University of Kentucky. Her duties included planning and instituting practices for various age groups, and focusing on fundamentals, technique and endurance. Murphy also maintained team records, handled meet entries and was in charge of team communi-

cations. Wildcat Aquatics is a top-ranked USS swim club in the state of Kentucky. Murphy also served as a teaching assistant in the history department at Kentucky and was assistant coach for the Spindletop Hall swim team in Lexington.

She earned a bachelor of arts degree in history from Oakland University (Mich.), graduating cum laude. Murphy was also a member of the Oakland swimming team that earned a Division II championship in 1994 and was runner-up in 1995, 1996 and 1997. While a member of the Oakland team, she was named an all-American five times and was a three-time academic all-American.

Murphy is married to Joe Fanthorp and they reside in Kirksville.



Murphy File

Colleen Murphy's Resume

- BA, history (Oakland, 1997)
- MA, history (Kentucky, 1999)

Head Coaching Awards

2003, 2004 CSCAA National Women's Coach of the Year

Previous Coaching Experience

- Assistant Coach - Truman (1999-2001)
- Assistant Coach - Iowa (2001-02)
- Assistant Coach - Penn State (2002)

Women's Head Coaching Record

Year	School	Dual	Conf.*	NCAA
2002-03	Truman	4-2	1st	1st
2003-04	Truman	5-3	1st	1st
	Overall	9-5		

Men's Head Coaching Record

Year	School	Dual	Conf.*	NCAA
2002-03	Truman	2-3	2nd	12th
2003-04	Truman	2-6	3rd	16th
	Overall	4-9		

* Central States Championship (2003, 2004)



**Assistant Coach
Joe Fanthorp**

**Fourth Year
at Truman**

Joe Fanthorp returns for his fourth year as an assistant coach after contributing as an interim assistant in the 2002-03 season and on a volunteer basis three years ago.

Fanthorp plays an integral role in the success of the team, working daily with the sprinters and breaststrokers. He also serves as recruiting coordinator for the team.

The past three years, Fanthorp has helped guide the women's team to its second, third, and fourth-straight NCAA Division II titles. The men's team finished ninth in 2002, 12th in 2003 and 16th in 2004.

In 2004, Fanthorp had three girls qualify in both the 100 and 200 breaststroke. Michaela Osborn finaled in both the 100 and 200 breast while Lindsay Vaughan and Brittany Anderson earned all-American honors in the 200 and 100 respectively.

On the men's side, Andy Harken finished sixth nationally in 2004 in the 100 breaststroke.

After graduating from college Fanthorp coached an age-group team in Phoenix, Ariz., with the Arizona Desert Fox swim club. While with the Desert Fox, he assisted with the senior team that produced an Olympic gold medalist.

He was very involved with using technology to improve swimming performances while at AFOX.

Fanthorp recently started working with Collegesswimming.com and is in charge of their division II meet rankings.

He is a graduate of University of Kentucky class of 1999 where he began his coaching career with Wildcat Aquatics. Fanthorp worked in the University Career Center before becoming assistant coach in 2002.

Fanthorp is married to swimming head coach Colleen Murphy.



**Assistant Coach
Vince Struble**

First Year at Truman

Vince Struble joins the bulldogs this year as a second assistant coach after completing his collegiate swimming career with the 'dogs in 2004.

Struble was a six time all-American for the bulldogs and is a member of the school record holding 200 freestyle relay.

He made two trips to the NCAA national championships in his career at Truman competing in both the 100 breast and 50 freestyle individually as well as relay events.

Struble will focus his attention primarily on dryland activities for the team as well as lend a hand in the weight room and on the pool deck.

Student Assistant Coaches



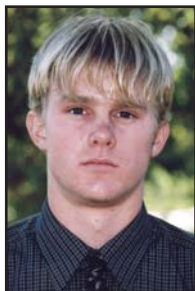
Krista Pray



Katie May



Kelsey Underwood



Ryan Blase



Calie Fulmer



Alison Blyth