championships and, since 1964, 141 individual national titles. The MIAA currently conducts championships in seven sports for men and seven for women.

For the men, champions are crowned in football, cross country, basketball, indoor and outdoor track & field, baseball, tennis and golf. The women compete for titles in volleyball, cross country, soccer, basketball, indoor and outdoor track & field, softball and tennis.

The MIAA turned a new page on July 1, 1992, when the NCAA Division II conference changed its name from the Missouri Intercollegiate Athletic Association to the Mid-America Intercollegiate Athletics Association. The decision to make the change originated in 1989, when Pittsburg State University and Washburn University became the first schools outside the state of Missouri to gain membership in the MIAA.

The conference was first organized in 1912 with 14 member institutions. Of those original members, Central Missouri State University, Truman State University, and Northwest Missouri State University are the only original schools still members.

The first change in membership came in 1924, when the MIAA reorganized to include only the five regional Missouri state colleges: Central, Truman (at the time known as Northeast Missouri State), Northwest, Southeast Missouri State University, and Westmar State University.

The membership of the MIAA is now at nine schools, with the departure of Missouri-St. Louis in 1996 and Missouri-Rolla in 2005 and the forfeiture of membership by Lincoln in 1999. It returns to 10 members in 2006-07 with the addition of Fort Hays (Kan.) State University.

Over the past 92 years, the MIAA has gained the reputation of being one of the top NCAA Division II conferences in the nation.


The MIAA has produced 13 NCAA champion teams, including: Central Missouri 19, Truman 4, Washburn 1. Tournament Titles Won or Shared (since 2003): Truman 2

### 2004 MIAA STANDINGS

<table>
<thead>
<tr>
<th>Team</th>
<th>W</th>
<th>L</th>
<th>GW</th>
<th>GL</th>
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Final AVCA/USA Today Division II Top 25 ranking in parenthesis

### MIAA ALL-CONFERENCE TEAM

#### First-Team
- Elizabeth Anyigor-Abitogun, PSU* % OH Sr.
- Emily Foster, WU* OH Sr.
- Dani McHenry, WU* % OH Sr.
- Elyse Mohme, CMSU** ^ MH Sr.
- Jessica Sears, Truman* # OH Sr.
- Sarah Shearman, Truman*** % OH So.
- Katie Tarka, CMSU*** L So.

#### Second-Team
- Katie Brandt, WU MH Sr.
- Kim Edwards, ESU S Jr.
- Jackie Gallagher, MSSU OH Sr.
- Becky Haug, CMSU* MH Jr.
- Pam Radell, PSU L Jr.
- Micaela Walter, Truman* MH Jr.
- Kaci Young, CMSU* S Jr.

* AVCA All-South Central Region
# AVCA First-Team All-American
^ AVCA Second-Team All-American
% AVCA Third-Team All-American

#### Honorable Mention
- Carol Cardoso, PSU OH Sr.
- Lauren Cummings, NWMSU MH Fr.
- Lauren Dickbernd, Truman L Sr.
- Tiffany Graham, Truman MH Jr.
- Leah Griswold, ESU OH So.
- Wendy Kobbeman, WU L Sr.
- Lauren Kral, MWSC MH Fr.
- Candice Main, ESU MH So.
- Ashley Rigby, PSU MH So.
- Lindsey Robertson, CMSU OH Sr.
- Julie Sackman, WU S So.
- Libby Wandel, ESU RH Sr.
- Marian Broderick, MWSC MH Jr.
- Shelly Chiles, MWSC OH Sr.
- Therese Hand, MWSC S So.
- Audrey Jensen, CMSU OH Fr.
- Chelsea Kenney, PSU S Fr.
- Rebecca Knefelkamp, Truman S Sr.
- Denise Lancaster, MSSU S Jr.
- Jenny Madrid, SBU OH So.
- Ashley Mehrer, MSSU MH So.
- Annie Nickolai, Truman RH Sr.
- Megan Remley, Truman RH Jr.
- Steph Sunken, NWMSU MH Sr.
- Sarah Wohlgemuth, PSU S Jr.

#### Most Valuable Player:
- Elizabeth Anyigor-Abitogun, OH, PSU

#### Freshman of the Year:
- Lauren Cummings, MH, NWMSU

#### Coach of the Year:
- Qi Wang, Truman

### Hitter of the Week
- Aug. 30 Becky Haug, CMSU
- Sept. 6 Elizabeth Anyigor-Abitogun, PSU
- Sept. 13 Katie Brandt, WU
- Sept. 20 Sarah Shearman, Truman
- Sept. 27 Elyse Mohme, CMSU
- Oct. 4 Emily Foster, WU
- Oct. 11 Elizabeth Anyigor-Abitogun, PSU
- Oct. 18 Candice Main, ESU
- Oct. 25 Dani McHenry, WU
- Nov. 1 Elyse Mohme, CMSU
- Nov. 8 Candice Main, ESU
- Nov. 15 Jessica Sears, Truman

### Specialist of the Week
- Aug. 30 Kaci Young, CMSU
- Sept. 6 Julie Sackman, WU
- Sept. 13 Julie Sackman, WU
- Sept. 20 Katie Tarka, CMSU
- Sept. 27 Ashley Smith, WU
- Oct. 4 Katie Tarka, CMSU
- Oct. 11 Sarah Wohlgemuth, PSU
- Oct. 18 Christine Wagener, Truman
- Oct. 25 Kaci Young, CMSU
- Nov. 1 Kaci Young, CMSU
- Nov. 8 Kim Edwards, ESU
- Nov. 15 Christine Wagener, Truman

### 2004 NCAA TOURNAMENT - MIAA RESULTS

#### South Central Regional
- Nov. 18-20
- Kirksville, Mo. (Truman State University)

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<tr>
<td>(1) Truman-3</td>
<td>30</td>
<td>30</td>
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#### Regional Semifinals
- Washburn-0 23 27 24 30 30
- Central Missouri-3 30 30 30

#### Regional Finals
- Pittsburg State-1 24 31 22 25 30 30
- Truman-3 30 29 30 30

#### NCAA Quarterfinals
- Queens-0 16 26 31
- Truman-3 30 30 33

#### NCAA Semifinals
- Truman-3 30 30 30
- Nebraska-Kearney-0 22 22 28

#### NCAA Championship Match
- Truman-1 30 21 25 24 30 30
- Barry-3 25 30 30 30
Truman State University has a nationwide reputation for providing a quality education at an affordable price. The last eight years, U.S. News & World Report has ranked Truman as the No. 1 public university in the midwest and the school is widely known as one of the best values in the nation.

Truman is a very distinctive institution – one of about only twenty public liberal arts and sciences institutions in the nation. It has a longstanding tradition of excellence and achievement and is an outstanding learning community of scholars, artists, and professional educators dedicated to the success of its students.

Undergraduate education is the top priority of the institution. With a total enrollment of less than 6,000 students and a student/faculty ratio of 15:1, Truman is large enough to provide a diverse experience, but small enough to provide all of its students personal attention to their needs and interests.

As a nationally recognized university known for its strong student learning outcomes and its commitment to assessment and continuous improvement, Truman is a place where students learn to excel. Truman has the highest graduation rate of any public university in Missouri; in addition, more than 40 percent of these graduates are entering graduate and professional school after graduation. The faculty and staff are here not only to provide academic challenges, but also to foster a supportive environment that enables students to meet these challenges while learning about themselves and the world around them.

Truman believes that the best preparation for the future, regardless of a student’s ultimate career choice, is a strong liberal arts and sciences education. Truman also expects each student to develop an in-depth knowledge and mastery of a discipline chosen from one of more than 40 programs in eight academic divisions. Students are encouraged to expand their horizons and explore many different fields of thought as they work closely with the exceptional faculty and other academically talented students. Since learning occurs outside the classroom as well as inside, Truman students are encouraged to undertake research projects with faculty, to participate in study abroad programs, and to develop their leadership capacity through active participation in student organizations.

The University seeks well-prepared, motivated students with broad educational interests who desire the advantages of a residential college experience. Our students come from virtually every county of Missouri as well as more than 30 states and 49 countries. Truman’s reputation is built on the ability of its faculty and staff to help students achieve academic excellence while developing their full potential for responsible citizenship in the 21st century.

Truman is committed to the advancement of knowledge, to freedom of thought and inquiry, and to the personal, social and intellectual growth of each of its students. The University strives to maintain a recognized standard of excellence in all of its educational endeavors and a responsible stewardship of the resources provided by the people of Missouri.

Truman State University is located in Kirksville, Mo., a city with a population of approximately 17,000. Kirksville offers a safe and friendly environment that is intertwined with many advantages of a larger city. Truman students enjoy spending their free time at Kirksville’s Downtown Cinema 8, or the new community Aquatic Center, featuring a 6-lane indoor pool, an outdoor pool, and an incredible waterslide.

You will also find Truman students enjoying the outdoors at Thousand Hills State Park. This 3,252 acre park just 2 miles west of Kirksville offers many recreational activities including camping, hiking, biking, swimming, motor boating, sailing, water skiing, and fishing.

Kirksville is within a three-hour drive from several large cities, including St. Louis, Kansas City and Des Moines.
The Truman State University athletics department has a rich history of success and recently, has become one of the top all-around athletics departments in NCAA Division II – both for their student-athletes achievements on the field and in the classrooms.

Truman athletics can be traced back to 1900 when the school’s football team played its first official game. Since then, some of the top Division II athletes in the Midwest, and even in the country, have displayed their skills in Kirksville, including a Basketball Hall of Famer (former NBA star Harry Gallatin), an Olympic Gold Medalist (track athlete Ray Armstead) and numerous other Bulldogs who played professionally in their respective sports.

Today, the athletic programs at Truman are having more success than ever before. Last year alone, 15 of the school’s 21 teams earned bids to the NCAA Tournament or had individuals participate at the NCAA Championships. Highlighting the school’s national success was the women’s swim team, which tied a NCAA Division II record by winning its fifth straight national championship.

Two Bulldog teams - volleyball and women’s soccer - won MIAA championships in 2004-05 and the volleyball team also captured the MIAA tournament title. Those two programs did not lose a contest during the regular season in 2004.

Individual success included 32 athletes earning all-American honors and 64 receiving all-MIAA accolades.

Two women’s swimming relay teams won national titles at last year’s national championship. No Bulldog individual won a national title in 2004-05, but individuals in eight events had runner-up finishes at national meets.

One coach earned national coach of the year honors and two others received coach of the year awards at the conference level.

The Truman Athletics Department was rewarded for its 2004-05 success with an eighth-place finish among NCAA Division II schools in the United States Sports Academy Directors’ Cup. The Directors’ Cup standings measures the overall success of athletics departments during NCAA Championship competitions.

Truman athletes also get the job done in the classrooms. In the latest release, Truman student-athletes had a 71% graduation rate, tying for the highest rate among MIAA schools and being one of the higher marks in the nation. That rate was 13% higher than the conference average and 18% higher than the Division II national average.

Since 2000, Truman has had 31 academic all-Americans, as selected by members of CoSIDA. Only one Division II school has collected more academic all-American honors during that span.

Last year, swimmer Sarah Dance was named the academic all-American of the year in the at-large division. Swimmer Diana Betsworth was a first-team academic all-American, women’s soccer player Sara Murray was a second-team choice and men’s soccer athlete Jared Atwood was a third-team pick in their respective categories.

Dance and Murray also received two other major honors in 2005.

Dance won the prestigious NCAA Walter Byers Postgraduate Scholarship. The $21,500 scholarship is given to just one male and one female each year among NCAA athletes.

Murray received the Ken B. Jones award, the highest honor given by the MIAA. The award recognizes the top junior or senior student-athlete in the conference based on athletic accomplishments, academic accomplishments and community service.

Truman was one of the founding schools of the MIAA, which now stands for the Mid-American Intercollegiate Athletics Association. Current members of the conference are Central Missouri, Emporia State, Missouri Southern, Missouri Western, Northwest Missouri, Pittsburg State, Southwest Baptist, Truman and Washburn. Fort Hays State will join the league in 2006-07.

**What’s in a Nickname**

Why was the nickname, Bulldogs, selected for Truman State University? O.C. Bell in 1908 referred to his performers as Bulldogs, but it wasn’t an official designation. So far as is known, this term wasn’t used again until the spring of 1915.

At the time, a committee of students, including the late President Emeritus Walter H. Ryle, recommended the adoption of the “Bulldog” as the official emblem because of the beast’s tenacity and ability to fight desperately to the end.

The spirit of the Bulldog has been evident since the name was selected 90 years ago. It’s not unique though, as at least 16 NCAA schools have adopted the “Bulldog”
The Truman volleyball team plays in Pershing Arena on the Truman State University campus.

Pershing Building was named in honor of General John J. Pershing, the commander of the American Expeditionary Forces to France during World War I and one of Truman's most distinguished alumni. Pershing Building is a two-story red brick and stone structure located on the south end of campus.

In 1967, a north wing was added to the building. The addition featured another gymnasium, a dance studio, classrooms and offices. Also included in the south wing are indoor racquetball courts and offices.

Pershing features a variety of athletics equipment, including a newly remodeled weight room, an indoor rubber track and complete athletics training facilities.

The training room is home base for the sports medicine program at Truman State University. The purpose of the program is to work toward the prevention of athletic injuries, care for those injuries that do happen and work for complete recovery through rehabilitation so that the student-athlete can return to competition as safely and quickly as possible. The program works under the direct supervision of three full-time experienced trainers and two physicians. If an athlete should be injured while participating in an intercollegiate sport, they will be evaluated by a highly competent training staff member and treated as needed or referred to necessary medical personnel.

The main training room is on the lower level of Pershing Building just off the northeast corner of Pershing Arena. Both the head athletics trainer's and assistant athletics trainer's offices are located in this area. The student trainers assigned to each sport also use this as their main area of contact.

A secondary training room in the football kennels, located south of Pershing Building, is mainly used during fall and spring practices because of its proximity to the football practice field and outdoor track.

In 1976, the south wing was added, which houses the Natatorium, with a six-lane, 40-yard swimming pool.

Pershing Arena has one main wood parquet floor, the center court, and two red rubber floor courts located on either side. Originally, the court ran east-west, but was moved and now runs in a north-south direction, with wooden bleachers on the east and west sides. Students at Truman traditionally sit on the west bleachers, while other Bulldog fans and visitors sit on the east side. Volleyball lockerrooms are located on the east (visitors) and west (home).

For volleyball, a press area is provided, upon request, on the main floor next to the scorers table.

In volleyball, the Bulldogs are 153-50 (.754) in the facility since 1982, including a 65-5 (.929) mark over the last five seasons.

### Weight Room

Truman has three weight rooms that are at the disposal of the athletes. The largest is the free weights room which is located on the west side of the Pershing Arena on the third floor. This room was renovated during the summer of 2000. The renovations included new ventilation and equipment, and general refurbishment of the interior.

Approximately 2,600 square feet, it accommodates 40-45 athletes at a time with eight separate power stations complete with platforms and bumper plates for a wide variety of strength training and rehabilitation.

The Nautilus room is located on the east side of the arena near the ramp that leads to the natatorium. The third weight room is the aquatic weight room and is located at the bottom of the ramp on the east side.

### Sports Medicine

The training room is home base for the sports medicine program at Truman State University.

The training room is home base for the sports medicine program at Truman State University. The purpose of the program is to work toward the prevention of athletic injuries, care for those injuries that do happen and work for complete recovery through rehabilitation so that the student-athlete can return to competition as safely and quickly as possible. The program works under the direct supervision of three full-time experienced trainers and two physicians. If an athlete should be injured while participating in an intercollegiate sport, they will be evaluated by a highly competent training staff member and treated as needed or referred to necessary medical personnel.

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### Athletics Staff Directory

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<tr>
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<tbody>
<tr>
<td>Director of Athletics-Jerry Wolmering</td>
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<tr>
<td>Asst. Director of Athletics/Compliance-B.J. Pumroy</td>
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<td>Athletics Secretary-Peggy Clark</td>
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<tr>
<td>Asst. Director of Athletics-Kevin White</td>
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<td>Media Relations Coordinator-Daniel Newton</td>
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<tr>
<td>Head Football Coach-Shannon Currier</td>
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<tr>
<td>Associate Head Coach-Aaron Vlcko</td>
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<td>Assistant Football Coach-Aaron Rassel</td>
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Area code is 660 and prefix is 785