2006 MIAA STANDINGS

### MIAA East Division

<table>
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<td>29</td>
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### MIAA ALL-CONFERENCE TEAM

#### First-Team
- Pamela Cartagena, PSU  OH  Fr.
- Allie Cherven, Truman  MH  So.
- Jillian Ohrman, UCM  MH  Jr.
- Sarah Shearman, Truman  OH  Sr.
- *Kelsey Wackerman, Truman  OH/S  Sr.

#### Second-Team
- Mandy Chutskoff, ESU  RH  Sr.
- Mandi Cox, WU  MH  Jr.
- Erica Cowhick, WU  L  Jr.
- Molly Hankins, NWMSU  S  Sr.
- Mackenzie Heston, NWMSU  MH  Sr.
- Tessa Jones, WU  MH  Jr.
- Andrea Robertson, UCM  MH  Jr.
- Sammie Williams, PSU  RH  So.

#### Honorable Mention
- Courtney Aguilar, ESU  L  Sr.
- Alyssa Berg, MWSU  RH  Jr.
- Ashley Blickenstaff, MWSU  MH  Sr.
- Whitney Boehler, Truman  L  So.
- Sarah Brannock, PSU  S  So.
- Priscilla Bremer, NWMSU  OH  Fr.
- Brooke Butler, UCM  OH  So.
- Klaudia Grekowska, PSU  MH/OH  So.
- Leah Griswold, ESU  OH  Sr.
- Brittin Jessen, SBU  OH  Fr.
- Melissa Keck, Truman  RH  So.
- Chelsea Kenney, SBU  S  So.
- Melissa Malone, MWSU  OH  Sr.
- Ashley Mehre, NWMSU  MH  Sr.
- Eli Medina, Truman  OH  So.
- Megan Norman, MSSU  L  Sr.
- Lauren Nuckolls, UCM  OH  Fr.
- Jennifer Remmreied, ESU  MH  Sr.
- Leanna Roberts, FHSU  MH  So.
- Arica Shepard, ESU  OH  Fr.
- Whitney Stare, SBU  MH  Jr.
- Laura Toman, PSU  OH  Jr.
- Sarah Trowbridge, NWMSU  OH  Sr.
- Christine Wagener, Truman  S  Sr.

### 2006 NCAA TOURNAMENT - MIAA RESULTS

#### South Central Regional
- Nov. 9-11
- Kirkville, Mo. (Pershing Arena)
- Regional Quarterfinals
  - (6) Missouri Southern-1 vs (3) Central Missouri-3 (7) West Florida-3 vs (2) Washburn-0 (5) Pittsburg State-1 vs (4) North Alabama-3 (8) Albany State-0 vs (1) Truman-3
- Regional Semifinals
  - (7) West Florida-3 vs (3) Central Missouri-3 vs (4) North Alabama-3 vs (1) Truman-3
- Regional Final
  - (4) North Alabama-3 vs (3) Central Missouri-3 vs (1) Truman-3

### Hitter of the Week
- Aug. 28: Tessa Woods, MSSU
- Sept. 4: Jillian Ohrman, UCM
- Sept. 11: Kelsey Wackerman, Truman
- Sept. 18: Mandy Chutskoff, ESU
- Sept. 25: Tessa Woods, MSSU
- Oct. 2: Andrea Robertson, UCM
- Oct. 9: Kelsey Wackerman, Truman
- Oct. 16: Allie Cherven, Truman
- Oct. 23: Priscilla Bremer, NWMSU
- Oct. 30: Pamela Cartagena, PSU
- Nov. 5: Sarah Shearman, Truman

### Specialist of the Week
- Aug. 28: Molly Hankins, NWMSU
- Sept. 4: Megan Norman, MSSU
- Sept. 11: Katie Tarka, UCM
- Sept. 18: Erica Cowhick, WU
- Sept. 25: Erica Cowhick, WU
- Oct. 2: Sarah Brannock, PSU
- Oct. 9: Sarah Brannock, PSU
- Oct. 16: Molly Hankins, NWMSU
- Oct. 23: Katie Tarka, UCM
- Oct. 30: Kate Hampson, WU
- Nov. 5: Erica Cowhick, WU

Most Valuable Player: Sarah Shearman, OH, Truman
Freshman of the Year: Arica Shepard, OH, Emporia State
Coach of the Year: Jason Skoch, Truman
Over the past 92 years, the MIAA has gained the reputation of being one of the top NCAA Division II conferences in the nation.

MIAA student-athletes have won 13 NCAA team championships and, since 1964, 141 individual national titles. The MIAA currently conducts championships in seven sports for men and seven for women.

For the men, champions are crowned in football, cross country, basketball, indoor and outdoor track & field, baseball, tennis and golf. The women compete for titles in volleyball, cross country, soccer, basketball, indoor and outdoor track & field, softball and tennis.

The MIAA turned a new page on July 1, 1992, when the NCAA Division II conference changed its name from the Missouri Intercollegiate Athletic Association to the Mid-America Intercollegiate Athletics Association.

The decision to make the change originated in 1989, when Pittsburg State University and Washburn University became the first schools outside the state of Missouri to gain membership in the MIAA.

The conference was first organized in 1912 with 14 member institutions. Of those original members, Central Missouri State University, Truman State University, and Northwest Missouri State University are the only original schools still members.

The first change in membership came in 1924, when the MIAA reorganized to include only the five regional Missouri state colleges: Central, Truman (at the time known as Northeast Missouri State), Northwest, Southeast Missouri State University and Southwest Missouri State University. Over the next 56 years, three schools joined the membership: the Missouri School of Mines (now University of Missouri-Rolla) in 1935, Lincoln University in 1970, and the University of Missouri-St. Louis in 1980.

The 1980s brought the biggest changes in the conference. In 1981, Southwest Missouri State University opted to move to NCAA Division I and the MIAA appointed its first full-time commissioner, Ken Jones, in July.

He would be in the position for 16 years, retiring in 1997. Former Gulf South and Metro conference commissioner Ralph McFillen succeeded Jones.

Southwest Baptist University brought membership back to eight schools in 1986, before the major expansion of the conference in 1989. Pittsburg State, Washburn, Missouri Southern and Missouri Western – formerly members of the Central States Intercollegiate Conference – began competition in the 1989-90 season.

Southeast Missouri State left the MIAA following the 1990-91 season to move on to NCAA Division I, and was replaced by Emporia State University in the 1991-92 season.

In August 1991, Judy Willson was hired as the MIAA’s first full-time sports information director. She left in 1994, and was succeeded by Matt Newbery, formerly the assistant sports information director at Pittsburg State. He became the assistant to the commissioner for media relations in 2005.

A third full-time staff member was added in 2005, as former Emporia State track athlete Natasha Oakes was hired as the assistant to the commissioner for compliance.

The MIAA is now a 10 school conference, with the departure of Missouri-St. Louis in 1996 and Missouri-Rolla in 2005, the forfeiture of membership by Lincoln in 1999, and the addition of Fort Hays (Kan.) State University in 2006.

The summer of 2007 sparked great change for the conference, as on June 22, the Chief Executive Officer’s Council of the MIAA ratified the action to accept the University of Nebraska at Omaha as a member of the conference in 1989. Pittsburg State, Washburn, Missouri Southern State University, Missouri Western State University, Northwest Missouri State University, Fort Hays State University, and Missouri-Rolla in 2005, the forfeiture of membership by Lincoln in 1999, and the addition of Fort Hays (Kan.) State University in 2006.

The summer of 2007 sparked great change for the conference, as on June 22, the Chief Executive Officer’s Council of the MIAA ratified the action to accept the University of Nebraska at Omaha as a member of the conference, effective for the 2008-09 academic year.

And on July 1, Jim Johnson took over as the new commissioner of the MIAA. Johnson had previously served as the director of athletics at Texas A&M Commerce.

Johnson spent nearly two years (2003-05) at what is now the University of Central Missouri as associate athletics director for development.

### Past MIAA Volleyball Champions

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</tr>
<tr>
<td>1983</td>
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<tr>
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<td>1986</td>
<td>Central Missouri</td>
<td>1996 Central Missouri</td>
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<tr>
<td>1987</td>
<td>Central Missouri</td>
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<td>1988</td>
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<td>1999 Central Missouri</td>
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<tr>
<td>1990</td>
<td>Central Missouri</td>
<td>2000 Truman</td>
</tr>
<tr>
<td>1991</td>
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</tr>
<tr>
<td>2003</td>
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<td>2004 Truman</td>
</tr>
<tr>
<td>2005</td>
<td>Truman</td>
<td>2006 Washburn</td>
</tr>
</tbody>
</table>

**MIAA Tournament Champions**

- 2003: Truman
- 2004: Truman
- 2005: Truman
- 2006: Truman

**MIAA Champion determined through a postseason tournament from 1982-92, continuing in 2006 when divisional play began. The MIAA moved to a regular season double round-robin record from 1993-2005 and revived the postseason tournament in 2003.**

### Truman’s MIAA Record/Finishes

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<tr>
<td>2006</td>
<td>13-0</td>
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10 Bulldogs were named MIAA Presidential Scholars. To achieve this honor, athletes must have a cumulative GPA of 4.00 with at least two terms of attendance.

35 student-athletes on the Academic all-MIAA squad.

46 Truman State University student-athletes earned a 4.0 grade-point average in 2006-2007.

16th place in the annual U.S. Sports Academy Division II Director’s Cup standings, which is based on NCAA finishes in all sports during the 2006-07 school year.
Bulldog Athletics

The Truman State University athletics department has a rich history of success and recently, has become one of the top all-around athletics departments in NCAA Division II – both for their student-athletes achievements on the field and in the classrooms.

Truman athletics can be traced back to 1900 when the school’s football team played its first official game. Since then, some of the top Division II athletes in the Midwest, and even in the country, have displayed their skills in Kirksville, including a Basketball Hall of Famer (former NBA star Harry Gallatin), an Olympic Gold Medalist (track athlete Ray Armstead) and numerous other Bulldogs who played professionally in their respective sports.

Today, the athletic programs at Truman are having more success than ever before. Last year alone, the majority of the school’s 21 teams earned bids to the NCAA Tournament or had individuals participate at the NCAA Championships. Highlighting the school’s national success was the women’s swim team, which placed second at nationals. The second place finish follows a NCAA Division II record five-straight national titles.

The Bulldog volleyball team once again earned national prominence and were ranked in the top-10 in every poll of 2006, including a No.1 ranking for five weeks. A 36-game winning streak was just one shy of the MIAA and marked the 11th-longest in NCAA Division II history. The team also produced the MIAA’s Most Valuable Player in Sarah Shearman.

The individual success continued for Shearman as she earned Truman’s lone all-Academic all-American honor, as well as a finalist for the prestigious Ken B. Jones Award.

The Truman Athletics Department was rewarded for its 2006-07 success with a 16th-place finish among NCAA Division II schools in the United States Sports Academy Directors’ Cup. The Directors’ Cup standings measures the overall success of athletics departments during NCAA Championship competitions. The Bulldogs run of impressive finishes includes a third-place showing in 2003-04.

Truman athletes also get the job done in the classrooms. In the latest release, Truman student-athletes had a 71% graduation rate, tying for the highest rate among MIAA schools and being among the higher marks in the nation. That rate was 13% higher than the average MIAA rate and 18% higher than the Division II national average.

Since 1973, there have been 76 Truman athletes who have received academic all-American awards, as selected by members of CoSIDA. Over half of those selections have come since 2000 (38). Only one Division II school has collected more academic all-American honors during that span.

Truman was one of the founding schools of the MIAA, which now stands for the Mid-American Intercollegiate Athletics Association. Current members of the conference are Central Missouri, Emporia State, Missouri Southern, Missouri Western, Northwest Missouri, Pittsburg State, Southwest Baptist, Truman, Fort Hays State, and Washburn.
Ranked for ten consecutive years as the No. 1 Public University in the Midwest among schools offering bachelor's and master's degrees. No. 8 overall in the Midwest region among both private and public institutions. Truman is the only public university in Missouri included in either ranking.

- U.S. News & World Report's

Truman is ranked as the 4th best public college in the nation.

- The Princeton Review's
  "America's Best Value Colleges," 2007 Edition

Programs recognized for leading to student success:
- Senior Capstone
- Undergraduate Research

- U.S. News and World Report's
  "America's Best Colleges," 2007 Edition

"Truman State University, Missouri's only public liberal arts college, attracts over-achievers from across the Show-Me-State."


Selected as one of the country's “367 Most Interesting Colleges,” due to the “outstanding academics, generous financial aid packages and relatively low costs.”

- Kaplan Newsweek's
  "America's Hottest Colleges," 2006 Edition

Listed as No. 8 among the “Top 50 Best Values for Public Colleges and Universities.” Truman is the only public university in Missouri to appear on this selective list.

- Consumer's Digest, May/June 2004

Ranked in the top quarter on their exclusive list of “100 Best Values in Public Colleges” that combine great academics with reasonable costs. Further recognized as the 8th best public college in the nation for out-of-state students.

- Kiplinger's Personal Finance, February 2006
TRUMAN

TRUMAN'S QUALITY OF STUDENTS

The Truman State University students thrive in an atmosphere filled with friendly competition:

- The median of Truman’s 2006 Freshman Class has composite scores of 25-30 on the ACT.
- Seventy-five percent of Truman freshman graduated in the top 20 percent of their high school graduating classes.
- Over eighty percent earned a 3.5 or higher high school GPA.

TRUMAN STATE UNIVERSITY has a nationwide reputation for providing a quality education at an affordable price.

The last 10 years, U.S. News & World Report has ranked Truman as the No. 1 public university in the midwest and the school is widely known as one of the best values in the nation.

Truman is a very distinctive institution – one of about only twenty public liberal arts and sciences institutions in the nation. It has a long-standing tradition of excellence and achievement and is an outstanding learning community of scholars, artists, and professional educators dedicated to the success of its students.

Undergraduate education is the top priority of the institution. With a total enrollment of less than 6,000 students and a student/faculty ratio of 15:1, Truman is large enough to provide a diverse experience, but small enough to provide all of its students personal attention to their needs and interests.

As a nationally recognized university known for its strong student learning outcomes and its commitment to assessment and continuous improvement, Truman is a place where students learn to excel. Truman has the highest graduation rate of any public university in Missouri; in addition, more than 40 percent of these graduates are entering graduate and professional school after graduation. The faculty and staff are here not only to provide academic challenges, but also to foster a supportive environment that enables students to meet these challenges while learning about themselves and the world around them.

Truman believes that the best preparation for the future, regardless of a student’s ultimate career choice, is a strong liberal arts and sciences education. Truman also expects each student to develop an in-depth knowledge and mastery of a discipline chosen from one of more than 40 programs in eight academic divisions.

Students are encouraged to expand their horizons and explore many different fields of thought as they work closely with the exceptional faculty and other academically talented students. Since learning occurs outside the classroom as well as inside, Truman students are encouraged to undertake research projects with faculty, to participate in study abroad programs, and to develop their leadership capacity through active participation in student organizations.

The University seeks well-prepared, motivated students with broad educational interests who desire the advantages of a residential college experience. Our students come from virtually every county of Missouri as well as more than 39 states and 49 countries. Truman’s reputation is built on the ability of its faculty and staff to help students achieve academic excellence while developing their full potential for responsible citizenship in the 21st century.

Truman is committed to the advancement of knowledge, to freedom of thought and inquiry, and to the personal, social and intellectual growth of each of its students. The University strives to maintain a recognized standard of excellence in all of its educational endeavors and a responsible stewardship of the resources provided by the people of Missouri.

Truman State University is located in Kirksville, Mo., a city with a population of approximately 17,000. Kirksville offers a safe and friendly environment that is intertwined with many advantages of a larger city.

Truman students enjoy spending their free time at Kirksville’s Downtown Cinema 8, or the new community Aquatic Center, featuring a 6-lane indoor pool, an outdoor pool, and an incredible waterslide.

You will also find Truman students enjoying the outdoors at Thousand Hills State Park. This 3,252 acre park just 2 miles west of Kirksville offers many recreational activities including camping, hiking, biking, swimming, motor boating, sailing, water skiing, and fishing.

Kirksville is within a three-hour drive from several large cities, including St. Louis, Kansas City and Des Moines.
Kirksville

Nestled within the quaint community of Kirksville lies the dynamic, economic hub of Northwest Missouri.

In addition to Truman State University, Kirksville features the prestigious A.T. Still University of Health Sciences’ College of Osteopathic Medicine.

Kirksville offers small businesses the opportunity to grow through its incubator program. The residents are proud of their strong work ethic and provide a reliable labor force.

The town offers a low crime rate, churches of numerous denominations, a new Senior Living Campus, a hospital featuring a Level III Trauma Center, a supportive school system with an A+ Program, and activities for everyone.

Communication thrives in Kirksville, which boasts its own television station, a variety of radio stations, and media resource center.

Several local organizations, as well as volunteer causes, highlight the area’s sense of community and family-friendly environment.

The proximity to the metropolitan areas allow for easy access to the diverse opportunities or entertainment in cities like St. Louis, Kansas City, and Chicago.

 Thousand Hills State Park

The 3,080-acre park offers visitors a unique opportunity to explore the best of northern Missouri just minutes from Kirksville.

The park’s central feature is the lake, created by the damming of Big Creek. While the reservoir supplies water to the community, the park’s natural features recall a time when woodlands and savannas covered northern Missouri.

The cool waters of Forest Lake offer a wide variety of recreational opportunities, including swimming, fishing, boating, and skiing. Hiking, mountain bicycling and nature study are popular on-land activities. An interpretive shelter displays the park’s petroglyphs –rock carvings left behind by the area’s inhabitants more than 1,500 years ago.

* Page Information Provided by Kirksville Chamber of Commerce
PERSHING ARENA

Named in honor of General John J. Pershing, the commander of the American Expeditionary Forces to France during World War I and one of Truman’s most distinguished alumni, Pershing Building is a two-story red brick and stone structure located on the south end of campus.

In 1967, a north wing was added to the building. The addition featured another gymnasium, a dance studio, classrooms and offices. Also included in the south wing are indoor racquetball courts and offices.

Pershing features a variety of athletics equipment, including a newly remodel weight room, an indoor rubber track and complete athletics training facilities.

In 1976, the south wing was added, which houses the Natatorium, with a six-lane, 40-yard swimming pool.

Pershing has one main wood parquet floor, the center court, that was replaced in 2005 and two red rubber floor courts located on either side. Originally, the court ran east-west, but was moved and now runs in a north-south direction, with wooden bleachers on the east and west sides. Students at Truman traditionally sit on the west bleachers, while visitors and those with reserved tickets sit on the east side.

For volleyball matches, a press section is provided, upon request, above the east bleachers. The locker rooms are located on the northeast (visitors) and west (home) sides of the facility.

SPORTS MEDICINE

The training room is home base for the sports medicine program at Truman State University. The purpose of the program is to work toward the prevention of athletic injuries, care for those injuries that do happen and work for complete recovery through rehabilitation so that the student-athlete can return to competition as safely and quickly as possible. The program works under the direct supervision of three full-time experienced trainers and two physicians. If an athlete should be injured while participating in an intercollegiate sport, they will be evaluated by a highly competent training staff member and treated as needed or referred to necessary medical personnel.

The main training room is on the lower level of Pershing Building just off the northeast corner of Pershing Arena. Both the head athletics trainer’s and assistant athletics trainer’s offices are located in this area. The student trainers assigned to each sport also use this as their main area of contact.

It contains 7 treatment tables and 2 taping tables. Two whirlpools, muscle stimulation, ultrasound, and a variety of other modalities are available to treat injured athletes. This athletic training room also contains rehabilitation room containing a variety of rehabilitation equipment.

A secondary training room in the football kennels, located south of Pershing Building, is mainly used during fall and spring practices because of its proximity to the football practice field and outdoor track. It contains eight treatment tables, four taping tables, and three whirlpools. This facility is equipped with modalities and rehabilitation equipment similar to that in the Pershing athletic training room.

WEIGHT ROOM

Truman has three weight rooms that are at the disposal of the athletes. The largest is the free weights room which is located on the west side of the Pershing Arena on the third floor. This room was renovated during the summer of 2000. The renovations included new ventilation and equipment, and general refurbishment of the interior.

Approximately 2,600 square feet, it accommodates 40-45 athletes at a time with eight separate power stations complete with platforms and bumper plates for a wide variety of strength training and rehabilitation.

The Nautilus room is located on the east side of the arena near the ramp that leads to the natatorium. The third weight room is the aquatic weight room and is located at the bottom of the ramp on the east side.

DIRECTORY

Volleyball Coach-Jason Skoch .......................... 4688
Assistant Volleyball Coach-Rob Weaver .................. 4717
Women’s Basketball Coach-Rob McManus ............... 4699
Women’s Basketball Coach-Derek Martin ................. 4717
Cross Country & Track Coach-Don Davis .................. 4039
Baseball Coach-Shawn McManus ......................... 4603
Softball Coach-Dawn Brown .......................... 4543
Assistant Softball Coach - Cathy Monroe .................. 4543
Men’s Golf Coach-Kevin White/矿区 Berrey ......... 4276
Women’s Golf Coach-Sam Lesegg ......................... 4090
Swimming Coach-Mark Gold .................................. 7219
Assistant Swimming Coach-Eric Paden ................... 6040
Tennis Coach-Pete Kendall .................................. 7268
Wrestling Coach-Dave Shutter ................................ 7257
Head Trainer-Michelle Boyd .......................... 7564
Asst. Trainers-Adam Cline/Nicole Summers/Cassie DeBlauw . 6055/7521

Area code is 660 and prefix is 785