

2005 MEN'S OUTDOOR TRACK AND FIELD BESTS LIST

<u>100m</u>			<u>110m hurdles</u>		
Jason Douglas	10.83	MIAA Championship	Sean Bergstedt	15.28	Emporia State Challenge
Charlie Brandhorst	11.02	Emporia State Challenge	Jack Ackermann	15.80	Truman Open
Adam Howell	11.91	Truman Open			
Brett Bonnaffons	12.43	Yellowjacket Classic	<u>400m hurdles</u>		
James Walton	10.87	Dewey Allgood Invitational	Sean Bergstedt	53.09	Drake Relays
			Kurtis Werner	1:08.09	Truman Open
			Steve Porath	1:09.54	Truman Open
<u>200m</u>			<u>3,000m steeplechase</u>		
Charlie Brandhorst	22.14	Emporia State Challenge	David Yonce	9:54.04	MIAA Championship
Jason Douglas	22.48	Emporia State Challenge	Steve Porath	9:57.30	Dewey Allgood Invitational
Adam Howell	22.76	Emporia State Challenge	Kurtis Werner	10:06.82	MIAA Championship
Dan Zwilling	24.10	Truman Open	Eric Wittrock	10:18.58	Truman Open
Jake Ackermann	25.91	Yellowjacket Classic			
<u>400m</u>			<u>4x100 relay</u>		
Adam Howell	50.09	MIAA Championship	Truman	42.25	Emporia State Challenge
Brandt Bell	51.01	Northwest Invitational			
Dan Zwilling	51.40	Truman Open	<u>4x400 relay</u>		
			Truman	3:19.58	MIAA Championship
<u>800m</u>			<u>4x800 relay</u>		
Dan Zwilling	1:58.63	MIAA Championship	Truman	7:52.74	Drake Relays
Danny McLaughlin	1:59.22	MIAA Championship			
Pete Schaefer	2:00.87	Truman Open	<u>High Jump</u>		
Adam Howell	2:01.44	Northwest Invitational	Scott Wozencraft	1.85	6-0.75
Kevin Crean	2:04.25	Truman Open			MIAA Championship
Ryan Lewis	2:08.70	Truman Open	<u>Long Jump</u>		
			James Walton	7.69	25-2.75
<u>1,500m</u>			Jason McDougal	6.62	NCAA Championship
Kevin Crean	4:03.32	MIAA Championship	Brett Bonnaffons	5.62	Yellowjacket Classic
Jason Simpson	4:03.63	MIAA Championship	Jake Ackermann	5.56	18-03.00
Chris Nation	4:05.31	MIAA Championship			Dewey Allgood Invitational
Eli Klimek	4:08.49	Truman Open	<u>Triple Jump</u>		
Aaron Wells	4:16.23	Yellowjacket Classic	James Walton	14.36	47-1.5
Laban Kipkurui	4:19.13	Truman Open	Jason McDougal	13.57	MIAA Championship
Pete Schaefer	4:24.63	Yellowjacket Classic	Jake Ackermann	11.54	37-10.50
					Yellowjacket Classic
					Truman Open
<u>5,000m</u>			<u>Javelin Throw</u>		
Eli Klimek	15:20.34	Dewey Allgood Invitational	Jake Ackermann	37.75	123-10.50
Aaron Wells	15:40.84	Truman Open	Jason McDougal	36.76	120-07
Trey Robinson	15:44.33	Truman Open			Northwest Invitational
Bryant England	15:51.52	Truman Open	<u>Decathlon</u>		
Danny Wilhite	16:01.32	MIAA Championship	Jason McDougal	5637	MIAA Championship
Laban Kipkurui	16:19.71	Dewey Allgood Invitational	Jake Ackerman	4657	MIAA Championship
<u>10,000m</u>					
Aaron Wells	31:51.16	Drake Relays			
Eli Klimek	32:31.78	MIAA Championship			
Bryant England	33:15.66	Northwest Invitational			
Laban Kipkurui	35:28.91	MIAA Championship			
Aaron Wells	36:11.25	MIAA Championship			