Iowa State Open
Ames, IA
January 23/24, 2009

Mark | Round | Name | year | place | points
--- | --- | --- | --- | --- | ---

**WOMEN**

**Women 60m Dash**
8.66 | p | Hayes, Neosha | JR | 62 | ---

**Women 60m Hurdles**
9.25 | f | Dochtermann, Shaina | JR | 7 | 2
9.32 | p | Dochtermann, Shaina | JR | 10 | ---
9.61 | p | Grauel, Stephanie | FR | 20 | ---

**Women 200m Dash**
25.76 | Dochtermann, Shaina | JR | 12 | ---
26.30 | Clayton, Amber | JR | 24 | ---
27.36 | Grauel, Stephanie | FR | 43 | ---
27.92 | Hayes, Neosha | JR | 55 | ---
28.23 | Lowry, Kristin | SO | 62 | ---

**Women 400m Dash**
59.99 | Clayton, Amber | JR | 15 | ---
1:02.36 | Grauel, Stephanie | FR | 26 | ---
1:03.75 | Lowry, Kristin | SO | 35 | ---

**Women 600y Run**
1:25.91 | Dochtermann, Shaina | JR | 3 | 6

**Women 1 Mile Run**
5:08.49 | Kelly, Danna | SR | 8 | 1
5:20.76 | Williams, Fiona | JR | 18 | ---
5:40.26 | Mathis, Elli | FR | 44 | ---

**Women 3000m Run**
11:21.11 | O'Very, Allison | FR | 45 | ---

**Women 5000m Run**
17:42.32 | Kelly, Danna (NCAA Indoor Provisional) | SR | 3 | 6

**Women Pole Vault**
3.49m | 11-05.25 | Biermann, Katrina | JR | 3 | 6
3.04m | 9-11.75 | Bramon, Lindsey | SO | 11 | ---

**Women Triple Jump**
11.48m | 37-08.00 | Biermann, Katrina (NCAA Division II Provisional) | JR | 2 | 8
ND | Luebrecht, Stephanie | SO | --- | ---
ND | Zweifel, Jenny | FR | --- | ---

**Women Shot Put**
13.43m | 44-00.75 | Bernard, Ashley | SR | 6 | 3
11.92m | 39-01.25 | Holeman, Kortney | SR | 11 | ---
11.56m | 37-11.25 | Letuli, Tessa | JR | 16 | ---
10.50m | 34-05.50 | Meinke, Lexi | SR | 26 | ---
# Iowa State Open

## Ames, IA

**January 23/24, 2009**

<table>
<thead>
<tr>
<th>Mark</th>
<th>Round</th>
<th>Name</th>
<th>year</th>
<th>place</th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Women Wght Thr</strong></td>
<td></td>
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<tr>
<td>16.30m</td>
<td>53-05.75</td>
<td>Letuli, Tessa</td>
<td>JR</td>
<td>5</td>
<td>4</td>
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<tr>
<td>15.91m</td>
<td>52-02.50</td>
<td>Bernard, Ashley</td>
<td>SR</td>
<td>7</td>
<td>2</td>
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<tr>
<td>14.56m</td>
<td>47-09.25</td>
<td>Meinke, Lexi</td>
<td>SR</td>
<td>12</td>
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<tr>
<td>13.58m</td>
<td>44-06.75</td>
<td>Cassmeyer, Sam</td>
<td>JR</td>
<td>15</td>
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<tr>
<td>13.56m</td>
<td>44-06.00</td>
<td>Holeman, Kortney</td>
<td>SR</td>
<td>16</td>
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</tbody>
</table>

### MEN

**Men 600y Run**

1:14.28 Morris, Damon

**Men 1000m Run**

2:36.81 Schrum, Jacob
2:38.23 Gutteridge, Brandon

**Men 1 Mile Run**

4:21.05 Mantoosh, Josh

**Men 3000m Run**

9:06.16 Szakacsi, Kenny

**Men 5000m Run**

15:18.76 Mantoosh, Josh
15:53.56 Kell, Adam
15:54.89 Dial, Mike

**Men 4000m Distance Medley Relay**

10:34.62

**Men Long Jump**

6.70m 21-11.75 Walker, Coedy

**Men Triple Jump**

13.56m 44-06.00 Walker, Coedy

**Men Shot Put**

15.20m 49-10.50 Atwood, Derek
13.09m 42-11.50 Jones, Dan
11.71m 38-05.00 Ruzicka, Eric
ND Van Delft, Alex

**Men Wght Thr**

15.14m 49-08.25 Ruzicka, Eric
13.70m 44-11.50 Jones, Dan
13.63m 44-08.75 Van Delft, Alex
13.50m 44-03.50 Atwood, Derek