

# Jim Duncan Invitational

Des Moines, IA

April 10/11, 2009

Mark Wind Reading Name Yr Place Points

## Women

### Women 100m Dash

13.37 -4.0 Hayes, Neosha JR 8 1

### Women Female 100m Hurdles

15.76 -1.8 Grauel, Stephanie FR 6 3

### Women 200m Dash

26.54 +0.3 Hayes, Neosha JR 8 1

### Women 400m Dash

58.33 Clayton, Amber JR 8 1

### Women 400m Hurdles

1:01.44 Dochterman, Shaina JR 1 10

1:06.66 Grauel, Stephanie FR 10 ---

### Women 800m Run

2:17.51 Ratermann, Anne FR 3 6

32.00 35.00 34.00 36.51

### Women 1500m Run

4:43.57 Williams, Fiona JR 2 8

1:14.00 1:17.00 1:16.00 56.57

4:43.83 Kelly, Danna SR 3 6

1:14.00 1:17.00 1:16.00 56.83

### Women 3000m StplCh

10:49.66 Kelly, Danna **[NCAA Outdoor AUTOMATIC]** SR 1 10

(Truman School Record, old mark 3.67m, Danna Kelly, 4-4-09)

1:24.00 1:26.00 1:25.00 1:26.00 1:26.00 1:28.00 1:27.00 47.66

1:15.00 1:13.00 1:12.00 1:11.00 1:12.00 1:12.00 1:15.00 1:17.00

1:19.00 1:19.00 1:20.00 1:21.00 36.51

### Women 5000m Run

18:12.57 Gronemeyer, Michelle FR 3 6

1:28.00 1:24.00 1:26.00 1:26.00 1:27.00 1:27.00 1:28.00 1:30.00

1:30.00 1:30.00 1:31.00 1:26.00 39.57

### Women 10000m Run

38:06.78 Dell'Orco, Dani FR 1 10

1:35.00 1:33.00 1:33.00 1:32.00 1:33.00 1:32.00 1:32.00 1:31.00

1:32.00 1:31.00 1:31.00 1:31.00 1:30.00 1:32.00 1:31.00 1:32.00

1:32.00 1:33.00 1:32.00 1:32.00 1:33.00 1:31.00 1:31.00 1:30.00

1:21.78

### Women 4x100m Relay

48.47 3 6

Katrina Biermann (JR) Stephanie Simpson (FR) Amber Clayton (JR) Shaina Dochterman (JR)

### Women 4x400m Relay

3:55.71 3 6

Amber Clayton (JR) Stephanie Simpson (FR) Stephanie Grauel (FR) Shaina Dochterman (JR)

58.00 1:00.50 59.80 57.41

### Women Pole Vault

3.69m 12-01.25 Biermann, Katrina **[NCAA Outdoor Provisional]** JR 1 10

(Truman School Record, old mark 3.67m, Katrina Biermann, 4-4-09)

3.20m 10-06.00 Bramon, Lindsey SO 5 4

### Women Triple Jump

11.24m -1.5 36-10.50 Biermann, Katrina JR 2 8

10.50m +0.0 34-05.50 Zweifel, Jenny FR 4 5

### Women Shot Put

13.03m 42-09.00 Bernard, Ashley SR 7 2

12.15m 39-10.50 Letuli, Tessa JR 11 ---

11.89m 39-00.25 Holeman, Kortney SR 15 ---

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<b>Women Discus</b>					
43.38m	142-04	Holeman, Kortney <u>[NCAA Outdoor Provisional]</u>	SR	3	6
40.17m	131-09	Bernard, Ashley	SR	9	---
37.25m	122-02	Cassmeyer, Sam	JR	15	---
<b>Women Hammer</b>					
48.24m	158-03	Bernard, Ashley	SR	5	4
45.49m	149-03	Meinke, Lexi	SR	6	3
41.31m	135-06	Holeman, Kortney	SR	11	---

## Men

<b>Men 100m Dash</b>										
11.96	-2.3	Murillo, Ian	FR	20	---					
<b>Men 200m Dash</b>										
23.76	-1.8	Murillo, Ian	FR	22	---					
<b>Men 400m Dash</b>										
51.10		Bolin, Cole	FR	9	---					
<b>Men 400m Hurdles</b>										
55.13		Olson, Matt	SR	4	5					
57.09		Vitaoe, Johnny	FR	8	1					
<b>Men 800m Run</b>										
1:56.89		Schrum, Jacob	SO	9	---					
	28.00	29.00	30.00	29.89						
<b>Men 1500m Run</b>										
4:00.64		Walls, Joey	FR	10	---					
	1:02.00	1:04.00	1:04.00	50.64						
4:10.97		Szakacsi, Kenny	FR	22	---					
	1:07.00	1:07.00	1:06.00	50.97						
<b>Men 3000m StplCh</b>										
10:13.80		Venner, John	SO	6	3					
	1:17.00	1:19.00	1:20.00	1:22.00	1:23.00	1:23.00	1:24.00	45.80		
<b>Men 5000m Run</b>										
15:42.51		Mantooth, Josh	SO	11	---					
<b>Men 10000m Run</b>										
31:53.43		Kell, Adam	JR	1	10					
	1:17.00	1:17.00	1:18.00	1:19.00	1:15.00	1:19.00	1:19.00	1:17.00		
	1:16.00	1:16.00	1:16.00	1:16.00	1:16.00	1:17.00	1:18.00	1:18.00		
	1:15.00	1:17.00	1:18.00	1:17.00	1:17.00	1:16.00	1:16.00	1:13.00		
	1:10.43									
33:44.78		Dial, Mike	FR	6	3					
	1:18.00	1:19.00	1:19.00	1:21.00	1:20.00	1:19.00	1:21.00	1:20.00		
	1:20.00	1:19.00	1:21.00	1:22.00	1:22.00	1:22.00	1:23.00	1:22.00		
	1:23.00	1:24.00	1:23.00	1:23.00	1:23.00	1:23.00	1:21.00	1:20.00		
	1:16.78									
<b>Men 4x100m Relay</b>										
44.06		Ian Murillo (FR)	Johnny Vitaoe (FR)	Cole Bolin (FR)	8	1				
Coedy Walker (FR)										
<b>Men 4x400m Relay</b>										
3:26.03		Matt Olson (SR)	Johnny Vitaoe (FR)	Jacob Schrum (SO)	7	2				
Cole Bolin (FR)										
51.90		50.90	51.90	51.33						
<b>Men Long Jump</b>										
6.66m	+2.3	21-10.25	Walker, Coedy	FR	10	---				
<b>Men Triple Jump</b>										
13.82m	+2.4	45-04.25	Walker, Coedy	FR	3	6				

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Mark	Wind Reading	Name	Yr	Place	Points
<b>Men Shot Put</b>					
14.54m	47-08.50	Atwood, Derek	SO	7	2
14.13m	46-04.25	Massop, Bob	SR	8	1
ND		Van Delft, Alex	JR	---	---
<b>Men Discus</b>					
43.23m	141-10	Van Delft, Alex	JR	8	1
42.02m	137-10	Massop, Bob	SR	13	---
40.33m	132-04	Atwood, Derek	SO	16	---
40.24m	132-00	Kiblinger, Matt	FR	17	---
<b>Men Hammer</b>					
44.44m	145-10	Ruzicka, Eric	JR	7	2
<b>Men Javelin</b>					
29.26m	96-00	Reams, Mike	SO	25	---