

Knox Invitational

Galesburg, IL
February 14, 2009

Mark Round Name year place points

WOMEN

Women 55m Dash

7.46f		Hayes, Neosha	JR	2	8
7.52p		Hayes, Neosha	JR	1	---
7.82p		Simpson, Stephanie	FR	3	---
7.85f		Lowry, Kristin	SO	4	5
7.87f		Simpson, Stephanie	FR	5	4
7.89p		Lowry, Kristin	SO	5	---

Women 55m Hurdles

8.79f		Dochterman, Shaina	JR	1	10
8.80p		Dochterman, Shaina	JR	1	---
8.96p		Grael, Stephanie	FR	2	---
8.97f		Grael, Stephanie	FR	3	6

Women 200m Dash

25.80		Dochterman, Shaina	JR	1	10
26.69		Hayes, Neosha	JR	2	8
27.75		Simpson, Stephanie	FR	4	5
28.29		Lowry, Kristin	SO	5	4

Women 800m Run

2:20.44		Ratermann, Anne	FR	1	10
	32.00	35.00 37.00 36.44			
2:21.39		Kelly, Danna	SR	2	8
	32.00	34.00 38.00 37.39			
2:31.83		Raithel, Kylie	SO	7	2
	33.00	37.00 40.00 41.83			

Women 1 Mile Run

5:30.57		Dell'Orco, Dani	FR	1	10
	1:19.00	1:22.00 1:25.00 1:24.57			

Women 3000m Run

10:59.60		Williams, Fiona	JR	1	10
	1:28.00	1:27.00 1:27.00 1:28.00 1:30.00 1:30.00 1:30.00 39.60			
10:59.91		Brown, Amanda	SO	2	8
	1:28.00	1:27.00 1:27.00 1:28.00 1:30.00 1:30.00 1:30.00 39.91			
11:13.17		O'Very, Allison	FR	4	5
	1:29.00	1:27.00 1:28.00 1:29.00 1:31.00 1:35.00 1:30.00 44.17			

Women 5000m Run

19:59.03		Mathis, Elli	FR	2	8
	1:32.00	1:35.00 1:36.00 1:36.00 1:35.00 1:36.00 1:38.00 1:34.00			
	1:36.00	1:38.00 1:39.00 1:37.00 47.03			
20:16.16		Preston, Alycia	FR	3	6
	1:32.00	1:35.00 1:36.00 1:36.00 1:35.00 1:36.00 1:38.00 1:35.00			
	1:39.00	1:42.00 1:43.00 1:42.00 47.16			

Women 4x200m Relay Relay

1:44.92				1	10
Shaina Dochterman (JR)	Kristin Lowry (SO)	Stephanie Grauel (FR)	Amber Clayton (JR)		
25.60	26.70	26.60	26.02		

Women Pole Vault

3.15m	10-04.00	Bramon, Lindsey	SO	5	4
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Women Female Long Jump

5.37m	17-07.50	Biermann, Katrina	JR	1	10
4.80m	15-09.00	Zweifel, Jenny	FR	4	5

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Women Triple Jump					
11.19m	36-08.50	Biermann, Katrina	JR	1	10
10.66m	34-11.75	Zweifel, Jenny	FR	4	5
10.42m	34-02.25	Luebrecht, Stephanie	SO	5	4
9.95m	32-07.75	Morrey, Monica	SO	7	2
Women Shot Put					
12.84m	42-01.50	Letuli, Tessa	JR	2	8
12.58m	41-03.25	Bernard, Ashley	SR	3	6
11.93m	39-01.75	Holeman, Kortney	SR	6	3
10.84m	35-06.75	Meinke, Lexi	SR	10	---
Women Wght Thr					
16.50m	54-01.75	Bernard, Ashley	SR	1	10
15.35m	50-04.50	Letuli, Tessa	JR	3	6
14.66m	48-01.25	Meinke, Lexi	SR	4	5
14.52m	47-07.75	Holeman, Kortney	SR	5	4
14.21m	46-07.50	Cassmeyer, Sam	JR	7	2

MEN

Men 55m Dash					
6.88p		Walker, Coedy	FR	11	---
6.95p		Murillo, Ian	FR	16	---
Men 200m Dash					
24.46		Murillo, Ian	FR	10	---
Men 400m Dash					
52.33		Morris, Damon	JR	1	10
53.24		Bolin, Cole	FR	5	4
53.55		Olson, Matt	SR	10	---
54.37		Vitqtoe, John	FR	13	---
Men 800m Run					
2:00.26		Walls, Joey	FR	1	10
	29.00	30.00 30.00 31.26			
2:00.67		Mantooth, Josh	SO	2	8
	29.00	30.00 30.00 31.67			
2:04.52		Gutteridge, Brandon	SO	3	6
	30.00	29.00 30.00 35.52			
Men 1 Mile Run					
4:25.89		Kell, Adam	JR	1	10
	1:06.00	1:09.00 1:06.00 1:04.89			
4:30.72		Schrum, Jacob	SO	2	8
	1:07.00	1:08.00 1:06.00 1:09.72			
4:40.57		Dial, Mike	FR	5	4
	1:08.00	1:10.00 1:12.00 1:10.57			
4:58.28		Bayless, David	SR	10	---
	1:13.00	1:14.00 1:16.00 1:15.28			
Men 3000m Run					
8:58.26		Gorman, Bob	SO	1	10
	1:09.00	1:14.00 1:13.00 1:13.00 1:12.00 1:12.00 1:12.00		33.26	
9:05.19		Szakacsi, Kenny	FR	3	6
	1:09.00	1:14.00 1:14.00 1:12.00 1:13.00 1:13.00 1:15.00		35.19	
9:21.16		Robinson, Nick	JR	8	1
	1:11.00	1:15.00 1:16.00 1:17.00 1:18.00 1:15.00 1:15.00		34.16	
9:37.72		Dallas, Tad	SR	11	---
	1:11.00	1:14.00 1:16.00 1:17.00 1:19.00 1:20.00 1:21.00		39.72	

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Mark	Round	Name	year	place	points
Men 4x400m Relay Relay					
3:33.93				2	8
Matt Olson (SR)		Cole Bolin (FR)	Brandon Gutteridge (SO)	Jacob Schrum (SO)	
53.50		52.60	55.00	52.83	
Men Long Jump					
6.78m	22-03.00	Walker, Coedy	FR	1	10
Men Triple Jump					
13.75m	45-01.50	Walker, Coedy	FR	1	10
Men Shot Put					
15.27m	50-01.25	Van Delft, Alex	JR	1	10
15.02m	49-03.50	Atwood, Derek	SO	2	8
13.54m	44-05.25	Jones, Dan	SR	7	2
12.43m	40-09.50	Ruzicka, Eric	JR	10	---
12.39m	40-07.75	Reams, Mike	SO	11	---
11.87m	38-11.50	Massop, Bob	SR	15	---
11.84m	38-10.25	Wisniewski, Matt	FR	16	---
Men Wght Thr					
* 15.38m	50-05.50	Jones, Dan	SR	4	5
* 15.38m	50-05.50	Ruzicka, Eric	JR	4	5
14.98m	49-01.75	Van Delft, Alex	JR	8	1
13.36m	43-10.00	Reams, Mike	SO	9	---
13.33m	43-09.00	Atwood, Derek	SO	10	---
12.81m	42-00.50	Wisniewski, Matt	FR	13	---
11.71m	38-05.00	Baughman, Phillip	SR	15	---
11.23m	36-10.25	Kiblinger, Matt	FR	16	---