### Women’s Track & Field Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Events</th>
<th>In/Out</th>
<th>Year</th>
<th>Hometown</th>
<th>High School</th>
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<tr>
<td>Sarah Armstrong *^</td>
<td>Distance</td>
<td>So./So.</td>
<td>Fr./Fr.</td>
<td>Metamora, Ill.</td>
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<tr>
<td>Bridgette Carpenter *</td>
<td>Throws</td>
<td>So./So.</td>
<td>Fr./Fr.</td>
<td>Tebbetts, Mo.</td>
<td>Jefferson City</td>
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<tr>
<td>Ashley Colon *</td>
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<td>Sarah Cunningham ^</td>
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<td>Sarah Dacy</td>
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<td>Rebecca Define ^</td>
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<td>Grace Delnero</td>
<td>Distance</td>
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<td>Samantha Dutrow ^</td>
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<td>Jacqueline Faust *@^</td>
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<td>Cor Jesu Academy</td>
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<td>Danielle Grimes *</td>
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<td>Candice Hoskins ***</td>
<td>800m</td>
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<td>Karla Jordan *</td>
<td>Jumps/Hurdles</td>
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<td>Christen Lauer</td>
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<td>Pam Peters</td>
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<td>Dani Rawlings ***</td>
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<td>Meagan Robertson ^</td>
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<td>Abbie Smith **^</td>
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<td>Nicole Williams</td>
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<td>Christina Winkler ***</td>
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<td>Farren Wise</td>
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<td>South Shelby</td>
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* Track Letters earned
@ Redshirting the 2005 Season
^A member of the 2004 cross country team

### Men’s Track & Field Roster

<table>
<thead>
<tr>
<th>Name</th>
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<th>Hometown</th>
<th>High School</th>
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<td>Jacob Ackermann</td>
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<td>Brandt Bell</td>
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<td>Poiywek</td>
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<td>Aaron Wells ^</td>
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<td>Danny Wilhite ^</td>
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<td>St. Mary’s</td>
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</table>

* Track Letters earned
@ Redshirting the 2005 Season
^A member of the 2004 cross country team
James Walton

JUNIOR

JUMPS/SPRINTS

HINSDALE, ILL.  * HINSDALE SOUTH

Outdoor Long Jump National Champion

Truman: 2004 Track- Won the NCAA outdoor long jump title with a career-best leap of 24-11.25 ... earned all-conference honors with a third-place showing in the long jump at the MIAA outdoor meet ... was also a member of the 4x100 relay team that scored at the outdoor meet ... won five of the six long jump competitions he entered during the outdoor season ... competed at the MIAA indoor meet in the long jump and 60m.

2003 Track- Did not compete.

2002 Track- National runner-up in the indoor long jump, tying for the best national finish in the program’s history ... broke the school record in the indoor long jump ... won the MIAA indoor long jump title, finished 10th in the triple jump and 11th in the high jump ... swept the indoor long jump and high jump crowns at the Leif Ericson Invitational ... won the Mule Relays and Augustana Spring Opener outdoor long jump title.

Football- A wide receiver on the Bulldog football team ... led the team last season with six touchdown catches and was second in receptions and receiving yards.

High School: Lettered two years in track, four in football and three in basketball ... a member of a sectional champion track team ... all-area and all-conference in football.

Personal: Born March 20, 1983, in Chicago, Ill. ... the son of James and Sarah Walton ... a communication major.

Christina Winkler

SENIOR

HURDLES/HEPTATHLON

HIGH RIDGE, MO.  * NORTHWEST

Outdoor 400m Hurdles National Champion

Eight-Time All-American

Truman: 2004 Track- Earned four all-American awards, including winning the 400m hurdles national title ... NCAA runner-up in the indoor 60m hurdles and the 100m hurdles and a member of the eighth-place 4x400 relay team ... earned high point honors at the MIAA indoor meet ... won the conference indoor 60m hurdles title, was runner-up in the 200m and 400m and was a member of the MIAA champion 4x400 relay team ... swept both hurdle events at the MIAA outdoor meet and was a member of the third-place 4x100 relay team and the first-place 4x400 relay squad ... was comfortably leading the MIAA heptathlon after four events, but had to withdraw with an injury ... won a total of 12 events during the indoor and outdoor seasons ... set two MIAA records and four Truman records ... earned three MIAA indoor athlete of the week awards and three MIAA outdoor athlete of the week honors.

2003 Track- A two-time NCAA outdoor all-American ... finished fourth at nationals in the 400-meter hurdles and was a member of the 4x400 relay team that finished eighth ... earned three indoor all-conference honors in the 60m hurdles (4th), 400m (2nd) and as a member of the MIAA champion 4x400 relay team ... reached a NCAA indoor provisional mark in the 400m ... swept both the 100m hurdles and 400m hurdles titles at the MIAA outdoor meet and was a member of the first-place 4x400 relay team ... won nine events throughout the indoor and outdoor seasons ... twice named the MIAA outdoor runner of the week ... named to the MIAA commissioner’s academic honor roll.

2002 Track- Earned all-American honors in the 400m hurdles after finished fifth at nationals and as a member of the 4x400 relay team that finished sixth in a school-record time ... won a MIAA outdoor title in the 400m hurdles and the 4x400 relay and finished second in the 100m hurdles and heptathlon ... earned indoor all-conference honors in the 600-yard run with a third-place finish and advanced to the semifinals in the 60m hurdles ... in the outdoor season, won the 400m hurdles at the Mule Relays and Truman Open.

High School: A four year letterwinner in track & field ... earned all-state honors as a junior and senior ... set school records in track & field for the 300m hurdles, 100m hurdles and 400m dash ... also part of school record-setting 4x800 and sprint medley relays ... also a three year letterman in basketball, earning all-district honors as a senior ... captured two letters in volleyball and was all-conference and all-district in that sport.

Personal: Born Feb. 15, 1983, in St. Louis ... the daughter of David Winkler and Marilyn Baker ... a biology major.
Bulldog Returners

Sarah Armstrong
Sophomore
Distance
Metamora, Ill.
Metamora

MIAA Champion

Truman: 2004 Cross Country- Named to the MIAA commissioner’s academic honor roll ... finished in the top four on the team in every meet ... finished 12th in the MIAA, 18th at regionals and 95th at nationals ... came in eighth at the Miner Invitational, helping Truman win the team title. 2004 Track- Redshirted the season. 2003 Cross Country- Named to the MIAA commissioner’s academic honor roll ... competed in all six races ... finished second overall in the three-mile run at the Augustana Open ... finished fourth on the team and 18th overall at the MIAA Championship ... finished 38th at regionals. 2003 Track- A member of the MIAA indoor champion 4x880 relay team ... won the 600m race at the Augustana Indoor Open ... finished ninth in the 800m prelims at the conference indoor meet ... earned all-conference honors in outdoor track by finishing sixth in the 3,000m steeplechase ... advanced to the 800m finals at the MIAA meet and finished eighth ... named to the academic all-MIAA team in both indoor and outdoor track. 2002 Cross Country- Ran in all six competitions, finishing in the top five on the team in five of them ... finished 32nd at the MIAA championship and 44th at regionals. High School: Earned four letters in cross country, two in track and one in soccer ... four-time first-team cross country all-conference and two-time first-team track all-conference ... set school records in the 400m, 800m and 1,600m.

Personal:

Armstrong’s Top Collegiate Marks

Indoor- 400m (1:02.12), 800m (2:21.22), Mile (5:36.18)
Outdoor- 800m (2:19.87), 1,500m (5:05.61), 3,000m (11:02.98), 3,000m steeple (12:08.15)

Ashley Colon
Sophomore
Throws
Cape Girardeau, Mo.

All-Conference

Truman: 2004 Track- An all-conference performer in the indoor weight throw ... finished fifth at the MIAA in that event ... other MIAA finishes included coming in 12th in the indoor shot put and eighth in the outdoor hammer throw ... set NCAA provisional marks in the weight throw and hammer ... had the team’s best hammer mark of the season with a throw of 164-4. High School: Lettered for four seasons in track ... earned all-state honors as a senior after finishing third at state in the shot put. Personal: Born March 3, 1985, in Cape Girardeau, Mo. ... the daughter of Robert Newbern and Patricia Colon ... a biology major.

Colon’s Top Collegiate Marks

Indoor- Shot Put (59-3.25), Weight Throw (50-1.25)
Outdoor- Shot Put (58-0.75), Discus (191-5), Hammer (164-4)

Bridgette Carpenter
Sophomore
Throws
Tebbetts, Mo.
Jefferson City

All-Conference

Truman: 2004 Track- Earned two all-conference awards as a freshman ... finished third in the shot put at the MIAA indoor meet and was fourth at the outdoor competition ... won the outdoor shot put event at the Augustana Open ... set a NCAA provisional mark in the indoor shot put. High School: A four-year letterwinner in track ... as a senior, finished second at state in the shot put and fourth in the discus ... placed seventh at state in the shot put in 2001 and third in 2002 ... won three district discus titles and two section district crowns ... member of the 2003 state championship team. Personal: Born Dec. 5, 1984 in Jefferson City, Mo. ... the daughter of JR and Resira Carpenter ... an exercise science major.

Carpenter’s Top Collegiate Marks

Indoor- Shot Put (45-0.25), Weight Throw (42-4)
Outdoor- Shot Put (43-4.25), Discus (129-11), Hammer (119-0)

Jacquie Faust
Sophomore
Distance
St. Louis, Mo.
Cor Jesu Academy

All-Conference

Truman: 2004 Cross Country- A member of Truman’s first team to advance to nationals ... finished 24th in the MIAA meet, 39th at regionals and 122nd at nationals ... finished in the top five on the team in the first four meets of the year ... best overall finish was 10th at the Miner Invitational ... named to the MIAA commissioner’s academic honor roll. 2004 Track- Earned two all-conference honors in outdoor track ... finished fifth at the MIAA meet in the 10,000m and sixth in the 5,000m ... finished tenth in the MIAA indoor, 5,000m race ... won one indoor event and two outdoor competitions ... named a MIAA presidential scholar and to the outdoor track academic all-MIAA team. 2003 Cross Country- Ran in four competitions ... finished 51st at the MIAA meet. High School: Lettered four years in cross country and swimming ... cross country team MVP in 2000 ... holds the school’s 5,000m record (20:12) ... swimming team MVP in 2002. Personal: Born Sept. 17, 1984, in St. Louis, Mo. ... the daughter of Steve and Mary Ann Faust ... a communications disorders major.

Faust’s Top Collegiate Marks

Indoor- 5,000m (19:15.39)
Outdoor- 1,500m (5:15.37), 3,000m (11:51.2), 5,000m (19:16.81), 10,000m (39:17.66)
Danielle Grimes
Sophomore
Throws
Birmingham, Ala.
Jefferson City
All-Conference

Truman: 2004 Track- Earned outdoor all-conference accolades ... finished fourth in the MIAA outdoor discus competition ... other conference finishes includes eighth at the indoor shot put, ninth in the indoor weight throw and eighth in the outdoor shot put ... earned NCAA provisional marks in the weight throw and discus ... had the best marks on the team in those two events ... won the outdoor discus title at the Augsustana Open.
High School: Lettered four years in track ... three-time all-district honoree in the discus ... a member of three state championship teams ... also lettered two years in basketball.
Personal: Born August 10, 1983, in Ft. Leavenworth, Kan. ... the daughter of Erect and Ernestine Grimes ... a pre-med/health science major.

Grimes' Top Collegiate Marks
Indoor: Shot Put (50-6.75), Weight Throw (50-6.75)
Outdoor: Shot Put (59-5.25), Discus (141-8.0), Hammer (148-5)

Candice Hoskins
Senior
Mid-Distance
Grandview, Mo.
Grandview
All-American

Truman: 2004 Track- Became an all-American after being a member of the 4x100 relay team that finished eighth at the national outdoor meet ... that same relay team won both the indoor and outdoor MIAA titles and set school indoor and outdoor records ... also a member of the MIAA indoor 4x800 relay championship team ... earned other MIAA all-conference honors with a third-place finish in the indoor and outdoor 800m ... set a NCAA provisional mark in the indoor 800m ... won two indoor and two outdoor events. 2003 Track- A member of the MIAA champion indoor 4x880 relay team ... earned all outdoor all-conference honors by finishing fifth in the 800m at the MIAA meet ... won the 800m title at the Missouri-Kansas City Invitational. 2002 Cross Country- Ran in four meets ... best team finish was sixth at the Miner Invitational. 2002 Track- Earned all-conference honors at the indoor meet as a member of the 4x800 relay team and in the indoor 800-meter run, finishing third in the finals after placing eighth in the preliminaries ... at the outdoor MIAA meet, finished 13th in the 800-meter prelims ... finished first in the 800-meters at the Augustana Early Spring Open and the Truman Open.
High School: Earned four letters in cross country and track & field ... was team MVP in cross country as a junior and senior ... earned first-team all-conference honors in cross county as a senior ... was all-state in track & field in the 800 meters and 4x400 relay ... set school record in the 800 and was part of two school record-setting relays.
Personal: Born Sept. 7, 1983, in Grandview, Mo. ... the daughter of Tyrone and Deborah Hoskins ... an exercise science major ... her father lettered in 1982 and 1983 in track & field at Truman.

Hoskins' Top Collegiate Marks
Indoor: 200m (27.72), 400m (1:00.46), 600-yard (1:28.54), 800m (2:15.99)
Outdoor: 200m (27.16), 400m (1:00.71), 800m (2:15.46)

Karla Jordan
Junior
Jumps/Hurdles
Liberty, Mo.
Liberty
All-Conference

Truman: 2003-04 Track- Did not compete. 2002 Track- Won two all-conference awards at the MIAA outdoor meet by finishing fifth in the heptathlon and sixth in the long jump ... other conference results include finishing ninth in the indoor long jump and seventh in the outdoor 100m hurdles and triple jump ... won two triple jumps events during the indoor season.
High School: Lettered four years in track and two in volleyball ... twice earned all-state honors in track ... broke school records in the triple jump (37-7.5) and long jump (17-9.75) ... earned all-conference honors in volleyball.
Personal: Born Oct. 26, 1982, in Kansas City, Mo. ... the daughter of Mary Jordan and Karl Beem ... a communications major.

Jordan's Top Collegiate Marks
Indoor: 55m hurdles (9.12), Long Jump (17-6), Triple Jump (36-11)
Outdoor: 100m hurdles (15.46), Long Jump (18-5.25), Triple Jump (37.7.75)

Dani Rawlings
Junior
Distance
Fargo, N.D.
Fargo South
Cross Country All-Region

Truman: 2004 Cross Country- Finished first or second on the team in six of the seven meets she ran in ... led the team at regionals and nationals with 11th and 74th-place finishes, respectively ... came in 11th at the conference meet ... had two top-10 finishes at Iowa State and the Miner Invitational ... named to the MIAA commissioner’s academic honor roll. 2004 Track- Redshirted the 2004 track season. 2003 Cross Country- Led the team in two races and finished second on the squad in the other three meets ... earned all-conference with a ninth-place MIAA finish ... earned all-region after leading the team with a ninth-place finish at regionals ... won the four-mile race at the Augustana Open and was named the MIAA runner of the week ... named to the MIAA commissioner’s academic honor roll. 2003 Track- At the MIAA indoor meet, finished eighth in the mile and 12th in the 3,000m ... top finish was third in the 3,000m at the Knox Invitational ... earned all-conference honors with a sixth-place finish in the 1,500m at the outdoor championships ... named to the MIAA commissioner’s academic honor roll.
2002 Cross Country- Finished among the top four Truman runners in every meet, including second on the team at the Western Illinois and Miner Invitational ... highest overall finish was 11th at the Miner Invitational ... finished 18th at the MIAA meet and 30th at regionals. 2002 Track- Finished seventh in the MIAA outdoor meet in the 1,500m (4:51.80) ... earned MIAA indoor all-conference honors as a member of the 4x800 relay team that finished second (9:36.56) ... also finished seventh in the indoor meet in the mile (5:15.94). 2001 Cross Country- Placed 22nd overall at the regional meet and 20th at the MIAA meet ... finished among the top five Bulldogs in the last four meets of the year.
High School: Earned three letters in cross country and two in soccer ... a three-time all-conference performer in cross country and an all-state runner her senior year ... all-conference on her soccer team that finished third in the state.
Personal: Born June 8, 1983, in Fargo, N.D. ... the daughter of Rodney and Jane Rawlings ... a business major.
Meagan Robertson
Sophomore
Distance
Dittmer, Mo.
Northwest

MIAA Champion

Truman: 2004 Cross Country- Member of Truman's first national qualifying team ... came in 69th at regionals and 154th at nationals ... missed most of the season with an injury. 2004 Track- Earned three all-conference honors at the MIAA indoor meet ... a member of the MIAA champion 4x800 relay team ... individually, finished fourth in the mile and fifth in the 5,000m ... won the 3,000m race at the Knox Invitational ... redshirted the outdoor season. 2003 Cross Country- The team's top runner for most of the season ... earned all-conference honors after finishing eighth at the MIAA meet ... finished 32nd at regionals ... led the team in three of the five races ... top finish was fifth at the Miner Invitational. High School: Lettered in cross country, track and basketball ... placed at state in the two mile run ... set individual school records in the 800m, 1,600m and 3,200m ... also a member of the school record setting 4x800, 4x1600 and distance medley relay teams. Personal: Born March 23, 1985, in St. Louis, Mo. ... the daughter of Jeff and Mary Robertson ... a biology major.

Robertson’s Top Collegiate Marks
Indoor- 800m (2:28.44), Mile (5:12.90), 5,000 (10:34.95)

Abbie Smith
Junior
Distance
Urbandale, Iowa
Dowling

All-Conference

Truman: 2004 Cross Country- Finished in the top five on the team in every meet ... earned all-conference with a 10th place finish at the MIAA meet ... second on the team with an 80th-place finish at nationals ... finished 24th at regionals ... highest finish was seventh at the Miner Invitational ... named to the MIAA commissioner’s academic honor roll. 2003 Track- Won two all-conference honors awards at the indoor meet ... finished sixth in the 3,000m and fourth in the 5,000m ... ran in five meets during the outdoor season ... an academic all-MIAA in indoor track and named to the MIAA commissioner’s honor roll. 2003 Cross Country- Competed in all six events ... came on strong at the end of the season, finishing 28th overall at the MIAA and regional meets and scoring for the team in both events ... named to the MIAA commissioner’s academic honor roll. 2003 Track- Finished 10th at the MIAA indoor meet in the mile and 19th in the 3,000m ... top indoor finish was third in the 1,500m at the Knox Invitational ... finished third at the Truman Open in the 5,000m ... competed in just the first three outdoor meets before missing the rest of the season. 2002 Cross Country- Ran in the first four events of the season ... finished in the top five on the team in three meets. High School: Lettered four years in cross country, three in track and one in softball ... academic all-conference and academic all-district. Personal: Born Oct. 20, 1983, in St. Louis Park, Minn. ... the daughter of Cindy Cross ... an exercise science/pre-med major.

Smith’s Top Collegiate Marks
Indoor- 1,500m (5:06.07), Mile (5:22.80), 1,500m (4:57.42), 3,000m (10:35.05), 5,000m (18:49.08) Outdoor- 1,500m (5:01.26), 3,000m (10:54.09), 5,000m (18:23.69)

Kevin Crean
Sophomore
Mid-Distance
Kirkwood, Mo.
St. Louis University H.S.

Truman: 2004 Cross Country- Ran in three meets ... best showing was seventh on the team and 47th overall at the Iowa State meet. 2004 Track- Finished 15th in the MIAA prelims of the 800m ... had the second-fastest 800m time on the team ... highest finish was fourth in the 1,500m at the Mule Relays ... did not run during the indoor season. 2003 Cross Country- Redshirted the season. High School: Lettered in cross country and track ... earned all-state honors in 2002 and 2003 ... earned all-conference, district and sectional honors as well in those seasons ... helped break the school record in the 3200m relay. Personal: Born Dec. 18, 1984, in Kirkwood, Mo. ... the son of Allan and Jill Crean ... a history major.

Crean’s Top Collegiate Marks
Outdoor- 800m (1:58.57), 1,500m (4:08.17)

Adam Howell
Sophomore
Sprints
Maryville, Mo.
Maryville

Truman: 2004 Track- Finished 11th in the prelims at the MIAA indoor meet in the 600-yard race ... competed in the 400m at the MIAA outdoor meet, coming in 18th in the prelims ... top finish was 10th at the Iowa Indoor Open. High School: Lettered in track, basketball and soccer ... broke the school 400m record with a time of 49.9 ... also a member of two recorded breaking relay teams in the 4x100 and 4x400 ... all-conference and all-district soccer player. Personal: Born Jan. 7, 1985, in Maryville, Mo. ... the son of Gary and Vivra Howell ... an accounting major.

Howell’s Top Collegiate Marks
Indoor- 60m (7.47), 200m (24.21), 400m (52.51), 600-yard (1:16.94) Outdoor- 400m (53.45)
Laban Kipkurui

Sophomore

Distance

Nairobi, Kenya

Poiywek

2004 Cross Country: Ran in four meets during the season, finishing fourth or better on the team in three of them ... finished third on the team and 60th overall at the NCAA regional meet ... did not compete at the conference meet. 2004 Track: Competed in two outdoor meets ... top finish was 15th in the 5,000m at the Truman Open.

Kipkurui’s Top Collegiate Marks

Outdoor: 5,000m (16:46.87)

Eli Klimek

Sophomore

Distance

Platte City, Mo.

Platte County

Cross Country All-Region

Truman: 2004 Cross Country: Led the team in the first four races of the season ... an all-conference selection after finishing eighth overall and second on the team at the conference meet ... did not compete at regionals. 2004 Track: Won all-conference accolades in the indoor mile and outdoor 5,000m, finishing fifth in both events ... also at the MIAA indoor meet, finished eighth in the 3,000m ... won three races during the outdoor season. 2003 Cross Country: Competed in every race and finished in the top five on the team in four of the seven races ... finished fourth on the team at regionals and the NCAA championship ... overall, was 22nd in the conference meet, 19th in regions and 115th at nationals. 2003 Track: Redshirted both track seasons. 2002 Cross Country: Competed in one race, finishing 12th on the team at the Woody Greeno Invitational.

High School: A three-year letterwinner in track and two-year letterwinner in cross country and swimming ... first-team all-state in cross country in 2001 and first-team all-state in track in 2000 and 2001 ... two-time first-team all-conference and all-district in cross county and track ... holds school records in the 3,200m, 5,000m and as a member of the 4x800 relay team ... won the cross country Kansas City metro race in 2001.

Personal: Born June 14, 1984, in Laramie, Wyo. ... the son of Michael and Kristie Mead ... a biology major.

Klimek’s Top Collegiate Marks

Indoor: Mile (4:20.87), Two-Mile (9:59.15), 3,000m (8:49.91), 5,000m (15:41.55)

Outdoor: 800m (2:00.97), 1,500m (4:02.16), 3,000m (9:12.4), 5,000m (14:51.20)

Erik McFarlane

Junior

Distance

Independence, Mo.

Fort Osage

2004 Cross Country: Ran in three meets ... best team finish was eighth in two competitions ... named to the MIAA commissioner’s academic honor roll. 2004 Track: Competed in one indoor event and four outdoor events ... best finish was sixth in the 1,500m at the Augustana Open ... ran a season-best time in that event at the Truman Open, finishing 11th overall ... named to the MIAA commissioner’s academic honor roll. 2003 Cross Country: Ran in three meets ... best team finish was eighth at the Border State Invitational. 2003 Track: Competed in three outdoor meets in the 800m and 1,500m and two indoor meets in the 800m ... named to the MIAA commissioner’s academic honor roll. 2002 Track: Competed twice in the outdoor 800-meters.

High School: Letter four years in cross country and three years in track ... MVP of his 2000 cross country team.

Personal: Born August 17, 1985, in Ft. Leavenworth, Kan. ... son of Mark and Julia Miles ... a justice systems major.

McFarlane’s Top Collegiate Marks

Indoor: 800m (2:07.96), Mile (4:55.06)

Outdoor: 800m (2:06.15), 1,500m (4:19.24)

Danny McLaughlin

Junior

Mid-Distance

Easton, Mo.

St. Joseph Central

Truman: 2004 Track: Ran in two meets during the outdoor season ... best showing was 12th at the Augustana Open. 2003 Track: A member of the 4x880 relay team that finished fourth at the MIAA indoor meet ... finished ninth at the MIAA indoor championship in the 800m finals ... won the 800m race at the Iowa Indoor Open ... recorded the fastest time on the team in 800m ... redshirted the outdoor season ... named to the MIAA commissioner’s academic honor roll. 2002 Track: Finished 15th in the MIAA outdoor championships in the 800m preliminaries ... competed once in the 800m during the indoor season.

High School: Lettered three years in track and one in cross country ... two-time all-conference ... earned all-district, all-sectional and all-state as a senior ... holds school records in the 800m and 1600m.

Personal: Born Aug. 6, 1982, in St Joseph, Mo. ... the son of Jim McLaughlin and Roxann Schreiber ... an accounting major.

McLaughlin’s Top Collegiate Marks

Indoor: 800m (2:09.97)

Outdoor: 800m (1:57.82)

Steve Porath

Sophomore

Distance

Plainfield, Ill.

Plainfield

Truman: 2004 Cross Country: Competed in all six meets ... finished among the top six runners on the team in three events, including a fourth-place showing at regionals ... finished 40th overall at conference and 65th at regionals ... named to the MIAA commissioner’s academic honor roll. 2004 Track: At the MIAA outdoor meet, finished 13th in the steeplechase ... had three top-five finishes in the steeplechase during the year. 2003 Cross Country: Ran in three meets ... top team finish was ninth at the Border States.

High School: Lettered in cross country and track all four years ... two-time team MVP and captain in cross country.

Personal: Born Jan. 28, 1985, in Joliet, Ill. ... the son of Howard and Ann Porath ... a business administration major.

Porath’s Top Collegiate Marks

Indoor: 800m (2:08.05), Mile (4:53.42), 5,000m (15:43.76)

Outdoor: 5,000m steeplechase (10:08.10)
Trey Robinson
Senior
Distance
Chesterfield, Mo.
St. Louis University H.S.

Truman: 2004 Cross Country- Ran in four meet ... finished third on the team and 15th overall at the MIAA Championship ... had two other top-five team finishes ... named to the MIAA commissioner's academic honor roll. 2004 Track- At the MIAA indoor meet, finished 18th in the 5,000m ... did not compete during the outdoor season ... named to the MIAA commissioner's academic honor roll. 2003 Cross Country- Ran in two meet ... finished fifth on the team at the Border State Invitational. 2003 Track- Eleventh at the MIAA outdoor championship in the 10,000m ... competed in the 3,000m in one indoor meet. 2002 Cross Country- Competed in four meets ... highest team finished was fifth at the Border State Invitational ... finished 53rd at the MIAA championship. 2002 Track- Competed in several indoor and outdoor meets in distance events. 2001 Cross Country- Competed in four meets ... finished fifth on the team and 16th overall at the Miner Invitational.

High School: Three-year letterman in cross country and track ... all-district and all-sectional in cross country as a senior ... district MVP in track ... St. Louis County top 10 ranking his senior year.

Personal: Born June 2, 1983, in Columbus, Ohio ... the son of Bill and Rebecca Robinson ... a biology major.

Peter Schaefer
Sophomore
Mid-Distance
Fenton, Mo.
St. Louis University H.S.

Truman: 2004 Cross Country- Did not compete in any events. 2004 Track- Finished 17th in the MIAA outdoor prelims in the 800m ... set a season-best time in the 800m at the SIU-Edwardsville meet where he finished sixth overall ... did not run during the indoor season. 2003 Cross Country- Ran in five meets and was a member of the Truman squad which went to nationals ... led the team at the Border States meet ... finished 20th at the MIAA, 38th at regionals and 126th at nationals.

High School: Lettered four years in track and cross country ... an all-metro selection in both sports ... won conference titles as a senior in cross country, 800m, mile run and as a member of the 4x400 relay team ... broke the school's 800m record and was a member of the record setting 4x800 team ... anchored that relay team to a fourth-place finish at state.

Personal: Born Sept. 30, 1984, in Philadelphia, Pa. ... the son of Bob and Diane Schaefer ... an undeclared major.

Jason Simpson
Sophomore
Distance
Liberty, Mo.
Liberty

Cross Country All-Region

Truman: 2004 Cross Country- Scored in all six meets by finishing fourth or better on the team in each meet ... finished fourth on the team and 21st overall at conference ... second on the team and 22nd overall at regionals ... named to the MIAA commissioner's academic honor roll. 2004 Track- Earned all-conference honors after finishing sixth in the 1,500m at the MIAA outdoor meet ... top overall finish was second in the 3,000m at the Augustana Open ... had three top-10 finishes during the year in the 1,500m ... did not compete during the indoor season ... an academic all-MIAA selection in outdoor track.

Personal: Born July 5, 1984, in Columbia, Mo. ... the son of John and Rachel Simpson ... an art visual/communication major.

Wells’ Top Collegiate Marks

Outdoor: 800m (2:02.42), 1,500m (4:05.91), 3,000m (9:18.43), 5,000m (15:56.44)

Aaron Wells
Junior
Mid-Distance
Runnels, Iowa
Southeast Polk

Cross Country All-Region

Truman: 2004 Cross Country- Qualified for the national meet as an individual after leading the team and finishing ninth overall at regionals ... finished 111th at the national meet ... earned all-conference honors after finishing seventh at the MIAA meet ... finished third or better on the team in all six meets. 2004 Track- At the MIAA indoor meet, finished 11th in the 5,000m and 20th in the 3,000m race ... at the conference outdoor meet, came in seventh in the 5,000m ... had nine top-10 finishes in outdoor distance events. 2003 Cross Country- Ran in seven meets and scored in five of them ... competed in his second NCAA championship ... finished 18th in the MIAA and 20th at regionals. 2003 Track- Ran in four indoor meets in middle distance events ... finished 12th at the MIAA outdoor meet in the 1,500m ... finished seventh in the 3,000m at the Augustana Spring Opener. 2002 Cross Country- Competed in six meets, including the NCAA championship ... finished 24th at the conference meet.

High School: Lettered four years in cross country and track ... helped his team advance to state in cross country in 2000 and 2001 ... set the school record in the 5,000m.

Personal: Born Jan. 30, 1984, in Unionville, Mo. ... the son of Mark and Nancy Wells ... a pre-med/exercise science major.
Kurtis Werner
Sophomore
Distance
Festus, Mo.
Festus

Truman: 2004 Cross Country - Finished sixth or seventh on the team in six meets ... came in 74th overall at the regional competition ... did not run at the conference meet. 2004 Track - At the MIAA competitions, finished 15th in the indoor mile and ninth in the outdoor 1,500m ... had one indoor and three outdoor top-10 finishes ... best overall finish was seventh in the 1,500m at the Augustana Open. 2003 Cross Country - Competed in the Iowa State Open, finishing 11th on the team. 2003 Track - Redshirted the season ... ran in the 800m and 1,500m at the Augustana and Truman Opens.

High School: Lettered three years in cross country and two years in baseball ... a Missouri State qualifier in 2001 ... two-time first-team all-conference and a 2001 all-district selection ... a member of a conference championship cross country team ... also won two conference titles and one district crown in baseball.

Personal: Born Jan. 5, 1984, in St. Louis, Mo. ... the son of Dale and Karen Werner ... a history major.

High School: Lettered in cross country and baseball ... state qualifier in 2001 ... twice named first-team all-conference and once was named all-district ... as a senior, finished 49th at the state cross country meet.

Personal: Born Jan. 5, 1984, in St. Louis, Mo. ... the son of Dale and Karen Werner.

Werner’s Top Collegiate Marks

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<tr>
<td>Mile</td>
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Eric Wittrock
Sophomore
Distance
Carroll, Iowa
Kuemper Catholic

Truman: 2004 Cross Country - Competed in five meets ... highest team finish was fifth at the NCAA regionals ... came in 42nd overall at the MIAA meet and 67th at regionals ... named to the MIAA commission’s academic honor roll. 2004 Track - Just missed scoring at the MIAA outdoor meet by coming in seventh in the 3,000m steeplechase ... finished 11th at the indoor mile run at the MIAA championship ... runner-up in the steeplechase at the Western Illinois meet ... a MIAA presidential scholar. 2003 Cross Country - Competed in four meets ... best team finish was sixth at the Border States meet.

High School: Lettered in cross country, track and basketball ... conference champion in cross country and the 3,200m.

Personal: Born March 26, 1985, in Carroll, Iowa ... the son of Nick and Donna Wittrock ... a biology major.

Wittrock’s Top Collegiate Marks

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<td>3,000m</td>
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<tr>
<td>5,000m</td>
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Danny Wilhite
Sophomore
Distance
St. Joseph, Mo.
St. Joseph Central

Truman: 2004 Cross Country - Ran in the season-opening meet, finishing fifth on the team and 50th overall at the Iowa State Open. 2004 Track - Did not compete in any events. 2003 Cross Country - Finished 8th in the 3,000m at the Iowa Indoor Open ... recorded a 10th place finish in the 5,000m at the Jayhawk Indoor Invitational ... redshirted the outdoor season. 2002 Cross Country - Ran in five meets ... finished eighth on the team and 36th overall at the MIAA championship.

High School: Lettered in cross country and track ... an all-state cross country runner ... named St. Joseph News-Press first-team ... in track, was all-state as a member of the 4x800m relay team ... an all-conference and all-district runner in the 1600m.

Personal: Born Jan. 18, 1984, in St. Joseph, Mo. ... the son of Bill and Mary Wilhite ... an exercise science major.

Wilhite’s Top Collegiate Marks

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<tr>
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<tbody>
<tr>
<td>5,000m</td>
<td>16:30.34</td>
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Dan Zwilling
Junior
Sprints/Mid-Distance
St. Louis, Mo.
St. Mary’s

Bulldog Returners

Truman: 2004 Track - Earned his first outdoor all-conference award by finishing sixth in the 800m at the MIAA meet ... just missed all-conference in the indoor season, coming in seventh in the 800m ... the team’s top mid-distance runner ... runner-up in the 800m at the Augustana Open ... named to the MIAA commission’s academic honor roll. 2003 Track - Earned MIAA indoor honors after finishing fifth in the 600 yard indoors ... a member of Truman 4x400 relay team which finished fourth in the MIAA outdoor meet ... advanced to the conference finals in the 800m, finishing eighth overall ... had the top Bulldog outdoor times in the 100m, 400m and 800m ... won the 400m race at the Augustana Spring Opener.

High School: Lettered four years in cross country and track and three in basketball ... all-state in track in 1999, 2000 and 2002 ... a member of the state champion 3200m relay team and the state runner-up 100m relay squad ... helped his team finish fourth in state in track in 2002.

Personal: Born Oct. 13, 1983, in St. Louis, Mo. ... the son of Martin and Eileen Zwilling ... an exercise science major.

Zwilling’s Top Collegiate Marks

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Bulldog Newcomers

Sarah Dacy
Sprints

Rebecca Define
Distance

Grace Delnero
Distance

Samantha Dutrow
Distance

Christen Lauer
Jumps

LaToya Lawrence
Sprints/Jumps

Nicole Williams
Hurdles

Farren Wise
Hurdles

Jacob Ackermann
Hurdles/Sprints

Brandt Bell
Sprints

Brett Bonnaffons
Jumps/Sprints

Charlie Brandhorst
Sprints

Sean Bergstedt
Sprints/Hurdles

Bryant England
Distance

Ryan Lewis
Distance

Jason McDougal
Sprints/Jumps

Chris Nation
Mid-Distance

Scott Wozencraft
Jumps/Sprints

David Yonce
Distance

Not Pictured: John Dirnberger, Cale Young